

Welcome to the School of Nursing and Midwifery!

Welcome to the School of Nursing and Midwifery at the Gippsland Campus of Federation University Australia (FedUni). Congratulations on gaining entry to your program. Whether you have just completed Year 12, or you are coming to us as a more mature student, you have embarked on an exciting stage of your life. You have made a decision to study for a life-changing profession, through which you will help others and, at the same time, link to healthcare professionals locally and globally.

No doubt you have heard much about life at University. You are fortunate to be a part of an exciting new University, and in its first year of operation, you are a foundation student. University life is full of challenges, but it can be fun. The life of a student is incredibly busy, often juggling the demands of part-time work, along with full-time study. Even so, your time at University is a time for developing yourself and your ideas, for making friends and developing your social networks, and for beginning your career as a nurse and/or midwife.

The staff of the School of Nursing and Midwifery at Gippsland work very hard to support you in your professional choice. They will keep you very busy, but they will also be a great resource for you, to enable you to succeed. The academic staff are all Registered Nurses and/or Registered Midwives, who will be happy to assist you in navigating your way into University life. They will also provide guidance as you work your way through your program and move on to your fabulous career in nursing and/or midwifery. Because all the staff have professional and University expertise, they can provide specific advice and assistance with respect to all aspects of your University experience.

I am happy to assist you also, particularly in those unusual situations where you feel you need someone to advocate on your behalf. As you commence your University life, the best advice that I can give you is to read the written material given to you, such as Program and Course Guides and online information. Also, ask your lecturers and tutors for clarification if you do not understand anything, and keep in touch with them, so they can help to navigate you through your first year at University.

I hope that you will thoroughly enjoy your time as a student at FedUni Gippsland Campus and take advantage of all that it has to offer.

If you have any queries, please don't hesitate to contact us on 03 51226454 or nursing.gippsland@federation.edu.au

I wish you all the best with your future studies.

Professor Bev Taylor

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Information for Domestic on-campus students

2014 Enrolment

All successful applicants will receive correspondence from the Students Services Hub, outlining the requirements to complete their enrolment. Staff will be available to assist you with any issues related to enrolment within your current Nursing program of study.

How to get to the Gippsland Campus

Campus Map

[Download campus map \(pdf 853kb\)](#)

Getting here

The campus is in the township of Churchill. The 160-kilometre drive from Melbourne takes about two hours from the CBD, heading east on the Princes Highway. The campus is at Northways Road, Churchill, Victoria, Australia. Regular bus and train services link the Gippsland campus with Melbourne and regional towns.

From Melbourne

Train and coach services depart from Southern Cross and Flinders Street stations in Melbourne, running hourly on weekdays and less frequently at weekends. The closest station to Federation University Gippsland is Morwell Station on the Traralgon line.

The bus service is provided by Latrobe Valley Bus Lines. (<http://www.lvbl.com.au/>) Route 2 (Churchill) runs hourly on weekdays and directly links the station and the campus. The timetable is designed to meet incoming trains from Melbourne.

Visit Public Transport Victoria (<http://ptv.vic.gov.au/>) for more information on train and bus timetables.

From regional centres

Buses from the local towns of Morwell, Moe and Traralgon depart from the train stations in those towns.

For timetables, visit Public Transport Victoria or contact Latrobe Valley Bus Lines on +61 3 5135 4700.

To catch a bus to Churchill or the campus, get off at Morwell station and follow the directions to the bus interchange on Commercial Road. It's a short walk from the station. On campus, the bus arrives and departs from the campus bus loop.

Orientation

An Orientation schedule for mid year commencing students will be sent to your email accounts once it is finalised. It will typically consist of one day with the Faculty and then other campus based activities to be confirmed and advised. . We'll help you settle in and provide you with information to fully prepare you for the start of classes and life at Fed Uni.

These events are designed to help you:

- get organised for your studies and learn more about your Program
- provide you with essential information to succeed and have a smooth transition into university life
- become familiar with the campus and staff
- learn more about the support services available to you
- to meet other students

Timetable

Student Allocator will be used to allocate into your lectures, tutorial, labs and computer labs. More information relating to the use and access of student allocator will be forwarded to your student email address.

General program information

Program Information

Detailed program structures and information have been included in the program structure grids attached to assist you with completing your online enrolment. We have also included below descriptions of the first year courses to give you an overview of what you will be studying in 2014.

Clinical Placement

This program requires students to undertake off-campus clinical placements. In the clinical setting students will have an opportunity to apply theory to practice under supervision. Attendance is mandatory for the clinical component of each course.

Clinical experience makes up approximately 50 percent of the program. Generally speaking, students on clinical experience will take on shift work, including weekend shifts and night duty and work a supervised, unpaid 40 hour week. Make-up for time missed will be arranged in consultation with the clinical coordinator on receipt of a medical certificate.

Where a student's skill or knowledge is found to be inadequate, access to the clinical component of the course will be denied. A student may be withdrawn from a clinical practicum if required skills and knowledge are deemed inadequate, or on other grounds deemed appropriate by the head of school.

Students are responsible for all travel and accommodation expenses during clinical placement.

Police Checks

The Department of Human Services requires students who have a clinical placement requirement as part of their program undertake an annual police check. Each year of the program students will be required to apply for a current year police check and must be taken with you on each clinical placement. Only students with a current year check will be accepted for placement.

Fit2Work Police Checks

All students will receive an email from Fit2Work on (approximately) the 2 January each year. Follow the information on the email from Fit2Work to apply for a police check. The cost is \$17.90 + GST.

When students receive their police check they are required to bring it into the School of Nursing and Midwifery to be sighted prior to 1 March of each year. Victorian Police checks and National Crime Checks are also accepted.

Working with Children Checks

Students who have a placement requirement as part of their program are required to apply for a Working with Children Check. Some placement venues may allocate students to wards where you will be required to engage with children. The card needs to be taken to all placements and presented to the placement venue on request.

Immunisations

If you are undertaking clinical placements, you must comply with procedures to minimise the risk of cross-infection of communicable diseases during your program of training. Compliance with these procedures can take time, so once you have accepted your place, we recommend that you start the process in readiness for clinical placements.

Course Outlines

Please refer to the program structure grids attached for the specific courses you will be taking within your program.

BMAGC1901 Human Structure and Function 1

The major themes of study are levels of body organisation, body support and movement, and cardiovascular physiology. The course introduces students to the scientific methods of thought; it encourages the critical evaluation of evidence, and promotes an awareness of the changing nature of medical knowledge. Topics include the chemical and cellular basis of human life; integration of body functions and homeostasis; the structure and function of the integumentary system; an introduction to the nervous system and the endocrine system, the structure and function of the musculoskeletal system; the structure and function of the cardiovascular system and the lymphatic system and host-microbe interactions.

Outcomes

1. Apply the concept of homeostasis to physiological processes;
2. Describe the basic structure and function of tissues, cells, and cellular components of the human body;
3. Relate the structure of the integumentary system to its function across the lifespan;
4. Explain how electrochemical signals are conducted within the nervous system;
5. Relate the structure of the endocrine system to the integration of body functions
6. Relate the structure of the major bones and muscles to the functions of support and movement;
7. Relate the structure of the heart, circulatory and lymphatic systems to the functions of transport and maintenance of homeostasis;
8. Describe the major groups of microbes which interact with humans and explain the nature of these interactions
9. Observe, measure and present clinical data and discuss the validity of the data; and
10. Apply theoretical concepts to simulated clinical scenarios to develop a framework for the scientific understanding of clinical practice.

BMAGC1912 Human Structure and Function 2

The major themes of study are nervous control and regulation of body functions, maintenance systems of the body, and reproduction and early development, which are integrated into nursing studies. The course develops further the critical evaluation of evidence and an awareness of the changing nature of knowledge in the health sciences. Topics include the structure and functions of the nervous system; the autonomic functions of the nervous system the structure and function of the respiratory system; the structure and function of the urinary system; the structure and function of the digestive system; the structure and function of the reproductive system; the major changes in embryonic development in early pregnancy; and an introduction to pharmacology. An integrated approach in case scenarios provides inter-professional learning opportunities.

Outcomes

1. Relate the structure of the major anatomical divisions of the nervous system to the sensory, integrative, and responsive functions of nervous tissues;
2. Compare the functions of the sympathetic and parasympathetic divisions of the autonomic nervous system
3. Relate the structure of the respiratory system to the mechanics of ventilation and the processes of gas exchange and transport;
4. Relate the structure of the urinary system to excretory functions and fluid balance;
5. Relate the structure of the digestive system to digestive, absorptive, and metabolic functions;
6. Relate the structure of the reproductive system to the function of gametogenesis and fertilisation;
7. Describe the major changes in embryonic development in early pregnancy;
8. Demonstrate an understanding of the basic principles of pharmacology;
9. Observe, measure and present clinical data and discuss the validity of the data; and
10. Develop skills in linking underlying physiological principles to the care of a client in a clinical scenario

NURGC1002 Health, Illness and Professional Nursing

This course introduces students to the Australian health care system, social determinants of health and the burden of disease experienced by individuals and groups differentially located in Australian society. The course will explore societal values and the ethical dimensions of health care including access, equity, autonomy, justice, beneficence, and non-maleficence. Students will also investigate the evolving role and place of nursing in the health care system and reflect on how the profession is likely to further evolve globally in the twenty first century.

Outcomes

On completion of this course, students should be able to:

1. Discuss the evolution of the Australian health care system and the responses to emerging health issues
2. Discuss the social determinants of health and their impact on Australians
3. Critically examine the current health priorities, choices and cost implications of the Australian health care system
4. Discuss the application of ethical principles to contemporary health care including access, equity, autonomy, justice, beneficence, and non-maleficence
5. Outline the evolution of the profession of nursing globally and in Australia
6. Explain the role of nurses in facilitating equitable health care in a contemporary society

NURGC1101 Perspectives of Health and Wellness

This course introduces students to the fundamentals of nursing care for individuals and communities by introducing concepts, processes and skills required for nursing practice concepts introduced include body mechanics, pain and comfort, the collection of health and nutritional profiles and issues of growth and development across the individual's lifespan. It aims to introduce students to complementary therapies and the notion of healthy lifestyles for the older and younger person. The course includes theoretical and practical information about nursing skills, concepts and processes in a clinical practice component.

Outcomes

On completion of this course, students should be able to:

1. Describe the concept of health from biomedical and psychological perspective
2. Begin to evaluate the concept of health needs or challenges for the normal individual or group over the lifespan
3. Perform selected basic care skills in a simulated environment using evidence-based approach
4. Demonstrate knowledge and skills for the assessment of health and development of individuals over the lifespan
5. Accurately collect and record data for health profiles and/or health histories for either individuals, groups or communities
6. Demonstrate a beginning understanding of the theories and the effects of pain; and
7. Demonstrate an ability to maintain safe body mechanics and comfort for clients/patients.

NURGC1201 Appreciating Research and Scholarship

The aim of this course is to enable students to develop tertiary study skills and knowledge that will assist them to become a scholar of nursing. Particular attention will be given to the development of communication, literacy, information technology and critical thinking and clinical decision making skills. The significance of research to the development of a distinct, specialised body of knowledge will be emphasised. The research process will be introduced as a basis for the development of skills in the evaluation and application of research outcomes in nursing practice. The contribution of scholarship to the evolution of nursing as a professional discipline will be explored in this course.

Outcomes

On completion of this course students are expected to be able to:

1. Discuss the significance of scholarship to the status of nursing as a professional discipline;
2. Develop competency in tertiary study skills;
3. Demonstrate proficiency in professional written and verbal communication;
4. Describe research methodologies used in the investigation of problems of significance to nursing and midwifery;
5. Discuss the concept of evidence-based practice in relation to provision of safe, effective, holistic nursing care;
6. Examine nursing theory, critical thinking and reflection in the context of the development of nursing knowledge;
7. Effectively use a broad range of resources including literature and information technologies to enhance critical and clinical decision-making skills.

NURGC1202 Legal Issues and Concepts

The aim of this course is to introduce students to the legal system including the processes and institutions that impact on professional practice. Students will identify the law as it relates to the delivery of health services including professional standards and regulation, complaint mechanisms and relevant legal forums including the coroner's court. Students will be encouraged to explore the health professional's relationship and obligations owed to patients, patient families and professional colleagues in the various health care environments.

Outcomes

On completion of this course students are expected to be able to:

1. Demonstrate knowledge of common law and statute law pertinent to health professional practice;
2. Explain why the study of health law is an essential aspect of professional practice;
3. Demonstrate an awareness of the legal implications of actions taken in professional practice;
4. Analyse the legal implications of the health care professional's relationship with clients, their families and other health care providers;
5. Identify strategies, which may provide assistance in resolving legal issues that arise in the various domains of the health professional; and
6. Discuss the significance of registration of professionals in the health care environment; and
7. Critically reflect on own values about health illness, dying and death affects professional responses and interactions with others

NURGC1203 Evidence-based Nursing Practice

This course extends the concepts of health, wellness and evidence-based nursing and midwifery practice introduced in previous courses. Students will use knowledge derived from social and biological sciences to inform the development of skills in health assessment. An introduction to concepts and skills fundamental to the practice of nursing will enable students to undertake nursing care that is culturally and developmentally contemporaneous. As communication is the cornerstone of effective assessment and therapeutic interventions, interpersonal skills are emphasized in this course.

Outcomes

On the completion of this course, students are expected to be able to:

1. Discuss the importance of an evidence base for contemporary nursing and midwifery practice;
2. Apply knowledge from physical, psychological, social and environmental sciences in the provision of quality care across a range of clinical settings;
3. Utilise therapeutic communication and interaction principles in the assessment and care of patients/clients;
4. Undertake holistic assessment of patients/clients across the lifespan in simulated and practice environments;
5. Employ critical and clinical decision making skills in planning, implementing and evaluating evidence-based nursing interventions to promote the health of patients/clients;
6. Promote the independence, self-esteem and dignity of patients/clients using strategies appropriate for their sociodemographic/cultural background and developmental stage;
7. Practice in accordance with ANMC Competencies for the Registered Nurse and other relevant professional standards.

Bachelor of Nursing Practice – Program Code GNP5

Standard duration of study (years)	3 years full-time/ 6 years part-time
Study mode and Location	On Campus Gippsland
Total credit points required	360

Outcomes

Upon successful completion of this program it is expected that graduates will be able to:

- provide person-centered nursing care as a beginning practitioner in a variety of health care settings within local and global contexts
- incorporate cultural, spiritual, developmental and social dimensions in the assessment of an individual and in the planning, implementation and evaluation of their care
- practice in a safe manner that meets accepted legal, ethical and professional standards, including the Australian Nursing and Midwifery Council (ANMC) National Competency Standards for the Registered Nurse
- enhance practice through the use of reflection in various aspects of the nursing role
- communicate effectively both with the individuals for whom they care and those with which they work
- use and apply evidence-based practice as a foundation for nursing care
- contribute effectively to the delivery of high quality health care to individuals, families, groups and communities
- develop and implement health promotion and education programs to change/improve the health status of individuals, families, groups and communities

Structure

This program consists of compulsory courses and an elective covering three themes and four streams. In first year students focus on the theme of healthy living; in second year the focus shifts to pathophysiology and in third year it considers all aspects of health care in acute care and community. The following major streams run throughout the curriculum: • personal and professional development • scientific basis of clinical practice • society, population, health and illness • nursing knowledge and skills.

Requirements

Students must refer to the information available on the special requirements outlined below. It is the responsibility of the student to ensure they have the correct documentation.

- Students must have a current Police check regarding their suitability to undertake placements.
- Students must have a current Working with Children check regarding their suitability to undertake placements.
- Students must comply with procedures to minimize the risk of cross-infection of communicable diseases, and obtain documentary evidence of relevant vaccinations prior to clinical placements.
- Students should be aware of their legal responsibilities regarding the administration and storage of drugs in keeping with the Drugs Poisons and Controlled Substances Act 1981 (Vic) and the Drugs Poisons and Controlled Substances Regulations 2006 (Vic). The School of Nursing and Midwifery have formulated a policy and students should be aware of the drug administration policy relevant to their particular year of study.
- This program requires students to undertake off-campus clinical placements. Attendance is mandatory for the clinical component of each course. Clinical experience makes up approximately 50 percent of the program.
- Students are responsible for all travel and accommodation expenses during clinical placement. Uniforms and accessories are required for clinical placements and students will be notified regarding purchase arrangements upon commencement.

Professional recognition

Successful completion of the program and meeting the requirements for registration outlined by the Nursing and Midwifery Board of Australia will lead to eligibility for registration as a registered nurse with the Australian Health Practitioner Regulation Agency.

This sample shows you how to map your program so as to complete all the requirements. Advice should be sought from course advisers if you are unsure about course selection by phone on 03 51226454 or nursing.gippsland@federation.edu.au

Bachelor of Nursing Practice Program Progression					
Year	Semester	Course Details	Prerequisites	Credit Points	Placement Details
First Year	1	BMAGC1901 Human Structure & Function 1	None	15	0
		NURGC1002 Health, Illness & Professional Nursing	None	15	0
		NURGC1101 Perspectives of Health & Wellness	None	15	96 hours
		NURGC1201 Appreciating Research & Scholarship	None	15	0
	2	BMAGC1912 Human Structure & Function 2	BMAGC1901	15	0
		NURGC1202 Legal Issues & Concepts	None	15	0
		NURGC1203 Evidence based Nursing Practice	NURGC1101, NURGC1201	30	120 hours
Second Year	1	NURGC2002 Nursing Practice in Context 1	BMAGC1901, BMAGC1912, NURGC1101, NURGC1203	30	120 hours
		NURGC2006 Principles of Nursing Pharmacology	None	15	0
		SRHGC2002 Indigenous Health & Well-being	None	15	0
	2	NURGC2004 Nursing Practice in Context 2	BMAGC1901, BMAGC1912, NURGC2002	30	80 hours
		NURGC2104 Mental Health Practice 1	NURGC1101, NURGC1203	15	80 hours
		Elective	None	15	0
Third Year	1	NURGC3003 Education for Clinical Practice	NURGC1101, NURGC1203, (Not 1st yr of enrolment)	15	0
		NURGC3104 Mental Health Practice 2	NURGC1203, NURGC2104	15	80 hours
		NURGC3106 Introduction to High Acuity	NURGC2002, NURGC2004, NURGC2104	30	160 hours
	2	NURGC3009 Transition to Professional Practice	NURGC2002, NURGC2004, NURGC3003, NURGC3106	30	160 hours
		NURGC3204 Integrated Community Care	NURGC2002, NURGC2004	30	160 hours
			Total	360	1056 hrs

Responsibility for course choice

Students are advised that while the course advisors will endeavour to give every possible assistance concerning course selection, the responsibility remains with the student to ensure that the courses selected meet the course specific regulations and requirements. The Faculty will not accept responsibility for student error in course selection.

Responsibility to satisfy pre-requisite requirements

Students are advised upper level courses may have prerequisite requirements. The responsibility remains with the student to check the required prerequisite courses have been completed before attempting to enrol in any courses.

Useful Websites

Program Finder Outline <http://programfinder.federation.edu.au/ProgramFinder/displayProgram.jsp?ID=53135>