



Institute of Health and Wellbeing

2024/25 Indonesia

Public Health Study Abroad Program

Professor Aziz Rahman

You are invited to submit an expression of interest to attend an exciting and culturally diverse Public Health Study Abroad Program in Indonesia

What is the program?

The goal of this project is to give undergraduate Nursing students a chance to engage with health promotion efforts in developing nations, with a special focus on Indonesia. By immersing in the resource-limited environments, students will explore key elements that affect health and wellness. This includes a deep dive into public health concepts at both individual and community levels, extending beyond mere healthcare environments to encompass health-seeking actions, social determinants, risk distribution, and cultural nuances. In the aftermath of the pandemic, such insights are crucial for understanding complex health issues. Through direct interactions with healthcare professionals, patients, and community figures within primary healthcare settings, students will gain firsthand knowledge of the obstacles faced not only in developing regions but also in Australia's own rural and remote areas. Their visits to primary healthcare centres and regional hospitals will be centered on observing and participating in health promotion initiatives.



What is involved?

On the initial day of the mobility program, an immersive eight-hour workshop focusing on Indonesian Language and Cultural Awareness will be held, courtesy of Universitas Airlangga, Surabaya, Indonesia. This session aims to acquaint Australian students with the local language and cultural nuances, enhancing their ability to communicate with healthcare professionals, patients, and community members during visits to various sites. In collaboration with Universitas Airlangga, Federation University will facilitate an interactive workshop where Australian students can engage with their Indonesian counterparts and faculty members. This exchange is designed to deepen their understanding of the cultural dynamics within Indonesian healthcare settings and allows for the sharing of insights regarding the Australian healthcare system. Furthermore, Australian students will have the privilege of meeting the Mayor of Surabaya, a recognized leader in public health reforms, both nationally and internationally, for his contributions to the community's health and wellbeing. The program also includes excursions to local attractions, showcasing smart city innovations and cultural landmarks.

What are the course credits/requirements?

This project aims to provide 2nd year undergraduate Nursing students with in-field experience of correlating theories learned in their earlier years. This study tour will result in partial research and credit toward the 3rd year unit NURBN3033.

Who is eligible?

All students enrolled in 2nd year bachelor of Nursing at Federation University with a passing GPA.

Everything you need to know about the Indonesian Public Health Study Abroad Program.

What are the benefits?

Students from Australia will have the chance to engage with healthcare professionals, patients, and local community members within primary healthcare environments in Surabaya. This interaction will be in collaboration with peers and faculty from Universitas Airlangga, as well as with officials from the local government. Such experiences are aimed at enhancing the Australian students' understanding of the factors that influence health and well-being in settings with limited resources. Additionally, by visiting rural communities, they will gain insights into local cultures, thereby broadening their knowledge of health promotion in the Indo-Pacific region.

The contrast between Australia and Indonesia is stark, not just in healthcare environments, but also in patterns of health-seeking behaviour, social determinants, risk factor distribution, and cultural contexts. These disparities significantly affect disease prevention and health outcomes. Students will be encouraged to observe and document these differences.

When are we going?

It is expected this two (2) week program will commence on Saturday, 11th January 2025 to Saturday 25th January 2025.



Where are we going?

The host organization is the Universitas Airlangga, Surabaya, Indonesia. All activities will take place in Surabaya, the capital city of the Indonesian province of East Java and is a port city on the Indonesian island of Java. Students will stay at the JW Marriott Hotel Surabaya.

What is included?

Full international travel insurance, Accommodation, tuition fees, most meals, local transport in Indonesia & Return airfare to Surabaya, Indonesia (group travel to be arranged; all students to be on the same flight).

What will it cost?

It is expected that the trip will cost approximately \$4,000 per student.

Note: NOT included in this cost are passport and visa arrangements, some meals on days off, and personal expenses.

Is there additional financial support?

All participating Australian students will also be able to access OS HELP up to the value of \$8,000 (a loan placed on their HECS bill)

More Information may be found on our [OS-HELP Loan Program link](#).

All students who meet the criteria or wish to participate are invited to submit an [Expression of Interest \(Eoi\)](#) by Monday the 1st of July 2024.



In-field experience of correlating theories learnt in Health Promotion course with real life field experience in Indonesia

Learn about Indonesian culture

Interact with healthcare workers, patients, community members of primary healthcare settings

Interact with staff and students of the partner university Universitas Airlangga

Learn about health service utilization and health system in a resource-constraint setting

Credit to your degree

2nd year students will use the offshore experiences for the assessment tasks of the unit NURBN3033 in their 3rd year of study

Assistance with Costs

All participating Australian students will be able to access OS HELP (a loan placed on their HECS account) up to \$8000



This opportunity counts towards your



Federation
Advantage
Award

This opportunity counts towards the Bronze and Silver levels of your Federation Advantage Award

My Next Steps

Ready to go? Just follow these steps
and you're on your way*

Step 1

Check eligibility requirements: you need to have had successfully passed at least 8 units by the time of the excursion.

You also need to ensure that you are eligible to enroll in NURBN3033

Step 2

Check that you are financially able to undertake this trip. Unfortunately, this year the Public Health Nursing study tour is not externally supported. You will be able to get an OS-HEPL loan (if you are an Australian citizen). You should apply to receive this loan at least one month before departure

Step 3

Check essential requirements you need to complete in addition to your application.

- A valid passport
- You are willing to undertake appropriate vaccinations for entry & study in Indonesia
- Travel availability in January, 2025.

Step 4

Complete your Expression of Interest (EOI) to undertake this tour – (all applications are submitted on-line).

Expressions of interest due: Monday the 1st of July 2024

Interview for candidates: August 2024



Questions?

If you want some help getting started, or you need to know more information, we can help.

Contact the Student Mobility Office:

Coordinator, Study Abroad and Student Mobility
Global Academic Services

Iain Johnson T +61 3 5327 6561
i.johnson@federation.edu.au or studyabroad@federation.edu.au

Or speak to the course coordinators:

Project lead: Professor Aziz Rahman - ma.rahman@federation.edu.au

* Please note that submitting an expression of interest does not guarantee a placement on this trip. Places are limited and a selection process will be undertaken to select candidates according to merit

2023 Public Health Study Abroad Program in Indonesia

"We're having an absolutely amazing time – once in a lifetime stuff, like the rest of this trip, we really are so lucky."

Karen Carney, Indonesian Study Tour (Jan 2023)

