

Enrolment Program Structure

Program Code - PW9

Program Name - Master of Strength and Conditioning (Part-time)

First Year			
Semester 1	Course Code	Course Name	Course Rules
	SCOND6000	S&C program planning, design and implementation	
Semester 2			
	SCOND6002	Training and coaching speed qualities	
	SCOND6003	Professional practice in S&C 1	
Second Year			
Semester 1	Course Code	Course Name	Course Rules
	SCOND6001	Program design, assessment and instruction for developing strength	
	SCOND6004	Delivery and program design for endurance qualities	
Semester 2			
	HEASC4001	Research design and ethical practice	PR: HUMOV4107 General entry into the Honours program
	SCOND6005	Data analysis and applied statistics	PR: HEASC4001
Third Year			
Semester 1	Course Code	Course Name	Course Rules
	SCOND7000	Professional practice in S&C 2	
	SCOND7001	Research Project	PR: HEASC4001 Successful completion of all statistical courses within the relevant Master's program.
	Or		
	SCOND7002	Independent directed project in S&C	PR: HEASC4001

EXPHS6001	Musculoskeletal Exercise Physiology 1
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Semester 2

SCOND7000	Professional practice in S&C 2
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SCOND7001	Research Project
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PR: HEASC4001
 Successful completion of all
 statistical courses within the
 relevant Master's program.

Or

SCOND7002	Independent directed project in S&C
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PR: HEASC4001

EXPHS6001	Musculoskeletal Exercise Physiology 1
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Additional Information

This program structure applies to students commencing from 2022. Students who commenced prior to 2022 should refer to the continuing enrolments page.

Glossary

Semester: designated teaching period.

PR: Pre-requisite, a course/s that must be completed prior to undertaking another course.

CO: Co-requisite, a course/s that must be completed simultaneously, or prior to, undertaking another course.

EX: Exclusion, a course/s that may not be taken.