



Campus Consultancy

# Welcome

## *Leadership Mindsets*

**Fed Uni**

May 20<sup>th</sup>, 2021

Facilitator: **Josh Farr**



*Are you on [LinkedIn](#)? Please connect with me, I'm here to help!*

“

*Our mission is to connect and develop the most influential leaders on campus.*

”



Campus Consultancy











# University Clients



## Consulting, Advising, Partnerships & Pro-Bono



New in 2021...



**A PROUD  
SUPPORTER  
OF OZHARVEST**

... by attending today 1 meal has been donated in your honor



# 5-Arms of Emotional Intelligence

\*Headline areas based on the Daniel Goleman Framework

1. Ikigai
2. Leadership Mindsets
3. Belief Mapping
4. Leadership Archetypes



## Self-Awareness

1. Emotional Regulation
2. Time-Management
3. Energy Management
4. Growth Mindset



## Self-Regulation

1. Motivating Self/Teams
2. Goal-Setting
3. Lean Startup Strategy
4. Leadership Mindsets



## Motivation




## Empathy

1. Empathy Mapping
2. 12-Types of Empathy
3. Design Thinking
4. Conflict Management



## People Skills

1. Communication Skills: Story Telling
2. Personal Branding/Marketing
3. Giving Effective Presentations
4. Teaching & Questioning Skills
5. Make an Impression & Sell Your Skills
6. Navigating Difficult Conversations

- 
1. Be Unique
  2. Vision
  3. Growth Mindset
  4. Internal Locus of Control
  5. Choose Bravery
  6. Service Mentality
  7. Philosophy

# Summary

# 1. Be Unique

*“The reasonable person  
adapts themselves to the world.*

*The unreasonable person persists in  
trying to adapt the world  
to themselves.*

*Therefore all progress depends on  
the unreasonable person.”*

**— George Bernard Shaw**

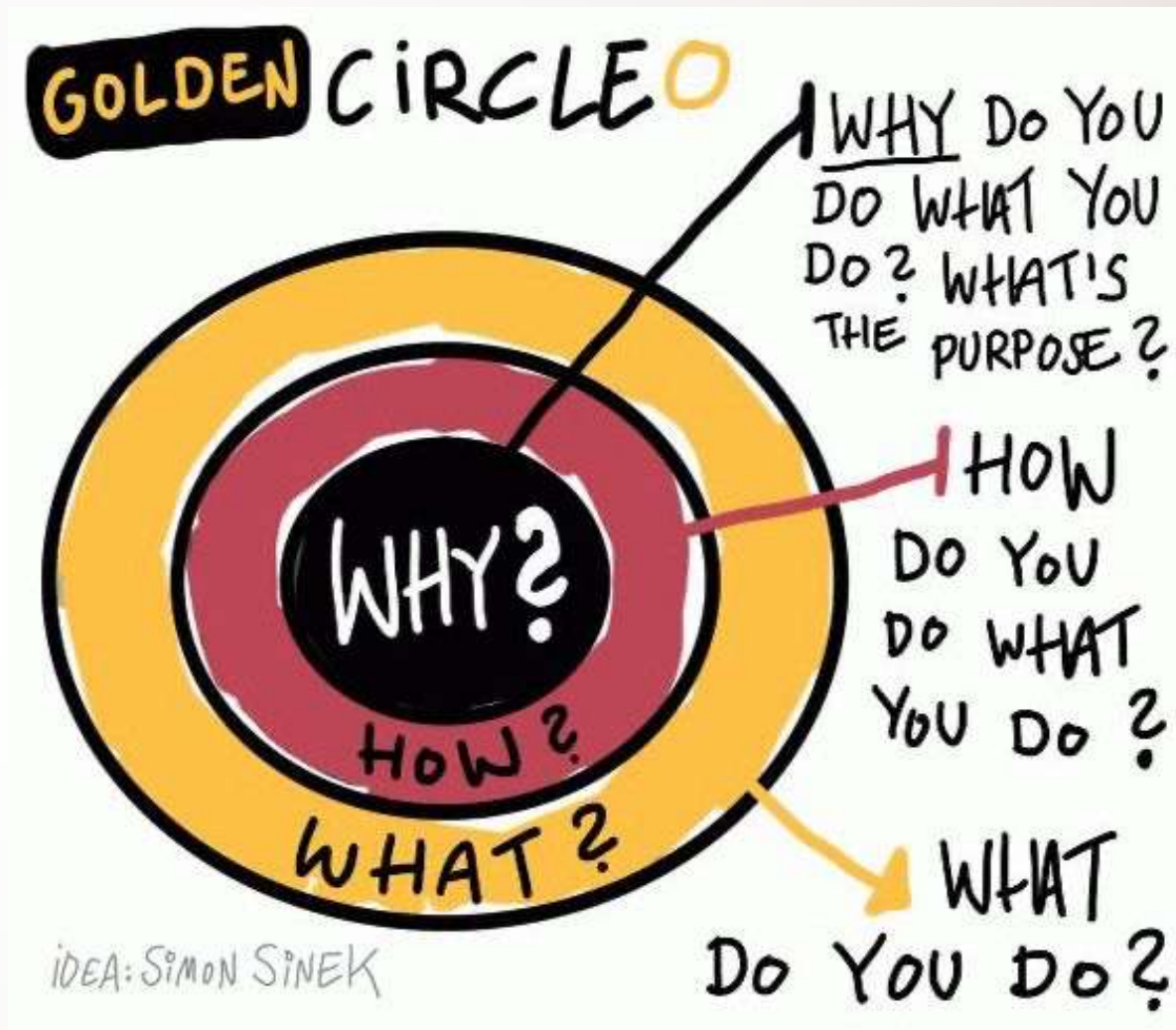


What 2-words do you  
want to describe  
yourself by,  
6-months from now?

#1 \_\_\_\_\_

#2 \_\_\_\_\_

## 2. Vision

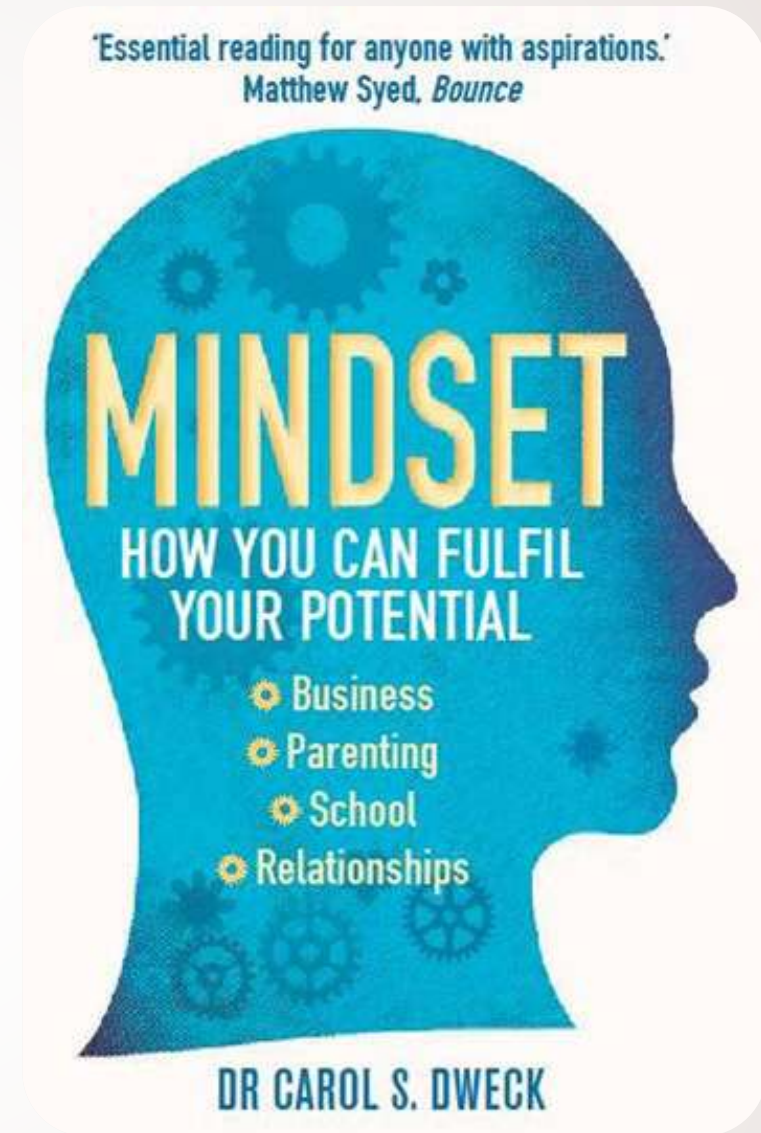


**OKR** – what's a result in your life that you can *SEE* that could not have happened if you didn't live out this word?

**What are 3 reasons for each why this is a *MUST*?**



### 3. Growth Mindset



# Applying a Growth Mindset

How could you apply each stage to your goal?



## 4. Internal Locus of Control



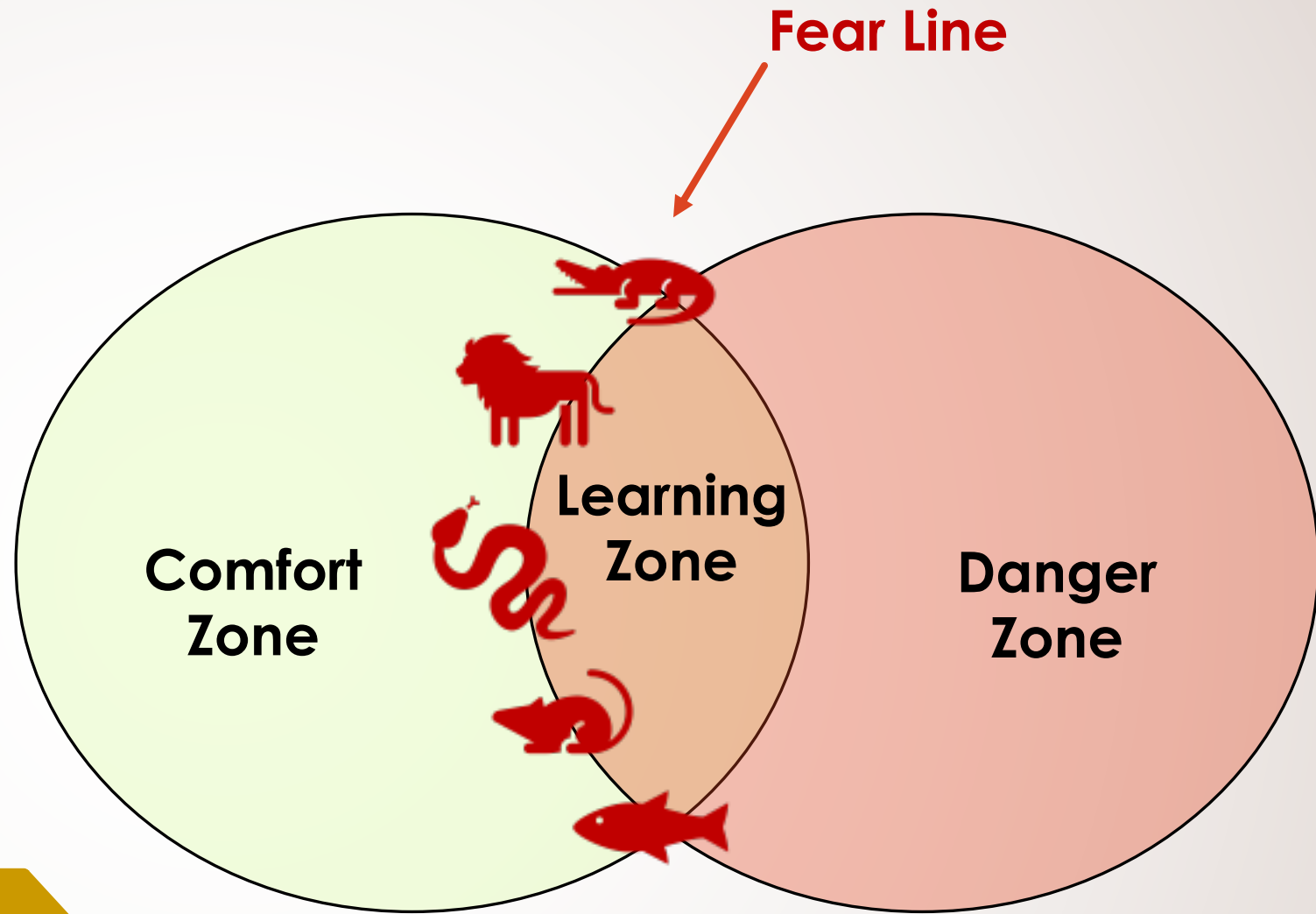
"I am responsible for making things better"



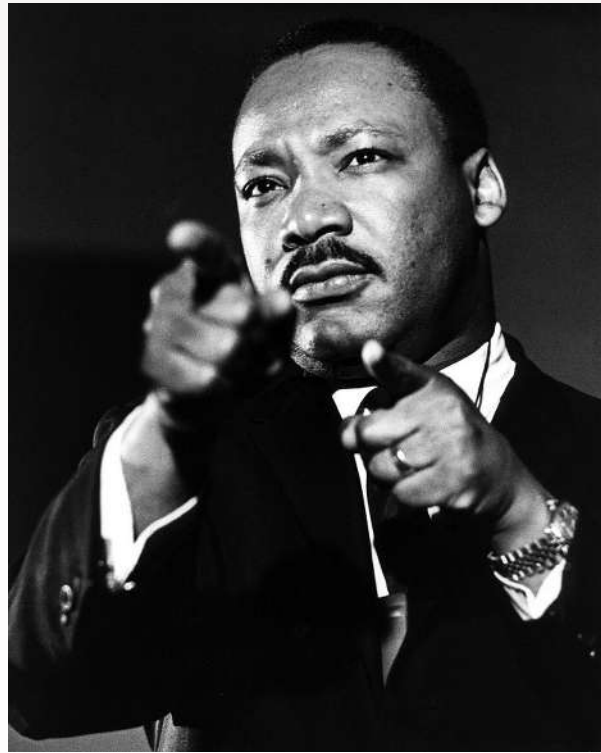
"Someone/thing else is holding me back"



## 5. Choose Bravery

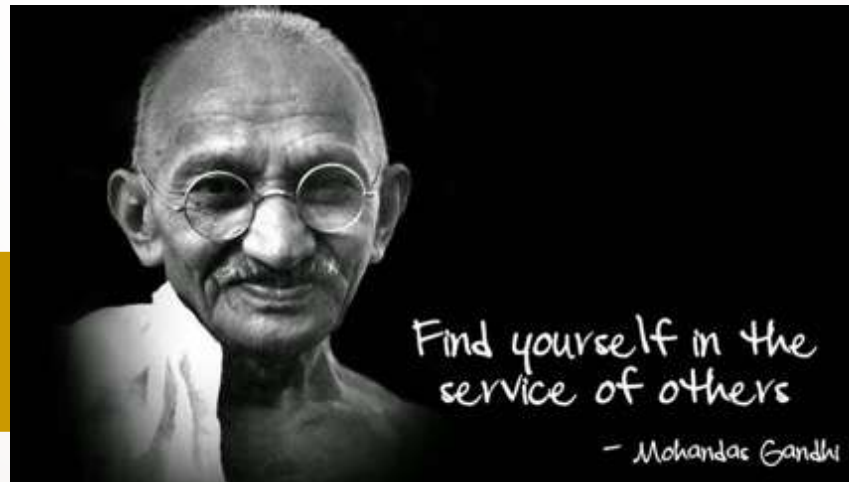


## 6. Service Mentality

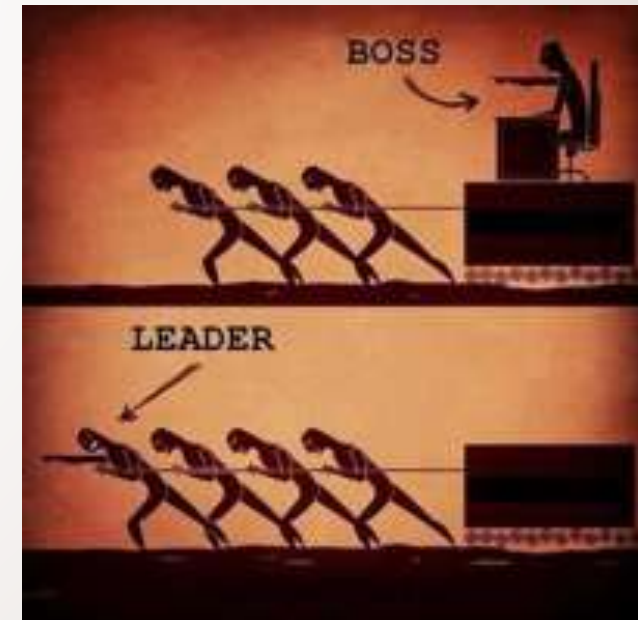


**"Everybody can be  
great... because  
anybody can  
serve."**

**- Martin Luther King Jr.**



Source: [Medium](#), @TonyVZampella



What does 2021  
**mean to you** and  
**what will you do**  
to make it as  
good as it can  
be?

## 7. Philosophy



The most important thing is to craft  
our own personal philosophies.  
What do we believe?

- The purpose of life is ...
- The purpose of my career is ...
- My university cares about ...
- My parents care most about ...
- Cooking is ...
- Exercise is ...
- Money is ...
- Most people are ...
- The most important thing is my  
life is my ...





## Books

**Mindset**, by Carol Dweck

**Leaders Eat Last & Start With Why**, by Simon Sinek

**The 7 Habits of Highly Effective People**, by Stephen Covey

**Daring Greatly**, by Brené Brown

**Good to Great**, by Jim Collins

**LinchPin**, by Seth Godin

**Radical Acceptance**, by Tara Brach

**The Effective Executive**, by Peter Drucker

**Hope In The Dark**, by Rebecca Solnit

## TED Talks

[Amy Cuddy](#) (Body Language)

[Anika Molesworth](#) (Being The Change)

[Simon Sinek](#) (Golden Circle)

[Dan Pallotta](#) (Charity Reframed)

[Rita Pierson](#) (Education)

[Angela Duckworth](#) (Grit)

[Tim Ferriss](#) (Fear Setting)

[Susan Cain](#) (Introverts)

[Drew Dudley](#) (Small Acts of Leaders)

[Brené Brown](#) (Vulnerability)

... and **me** [Josh Farr](#) (Leadership)



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