# **Federation Physiotherapy** Virtual Care Clinic

Access low-or-no-cost 60-minute physiotherapy sessions via telehealth. Treatment is provided by Federation University Physiotherapy students, supervised by accredited physiotherapists.



## We can help you with:

### Musculoskeletal

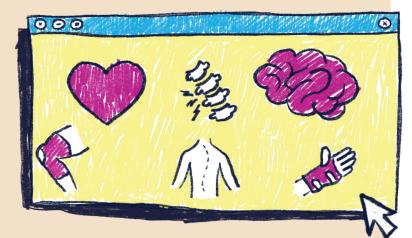
- Advice before and after joint surgery
- Rheumatoid arthritis management
- Injury management
- Muscle and joint pain
- Osteoarthritis
- Tendinopathy management

#### Cardiopulmonary

- Asthma
- Lung disease
- Long COVID
- Pulmonary rehab

### Neurological

- Post-stroke advice
- Falls and balance issues
- Parkinson's and multiple sclerosis
- Minor head injuries



#### How can you access the service?

Ask your health provider (GP, chronic disease nurse or other health professional) to send us a referral, or refer yourself on the website. The physiotherapy clinic will then contact you to make an appointment and explain the process.

Your telehealth appointment is provided via video call. You will be given the option to access this from home, or with free computer access in a private space at a community hub close to you.





https://federation.edu.au/federation-allied-healthcare/physiotherapy-clinic





