

# LOCAL MEN LOCAL COMMUNITIES

**389**

Participated in  
suicide prevention  
training programs

**512**

Engaged in events  
delivered during  
the program

## Chat & Chomp



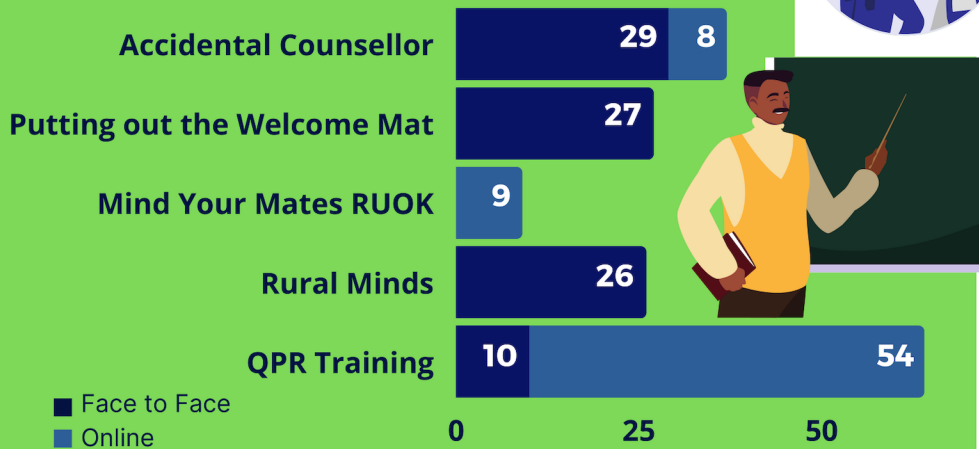
8 sessions

4 event ideas

Bat Bowl Catch and Care  
Chatty Café  
Golf Without Balls  
24 Hour Table Tennis  
Marathon



## Training Delivered:



## Changing the language:

The Project Team made a decision early in the project to not talk about suicide and suicide prevention, rather to talk about social connectedness, mental health and wellbeing.

*"I think it's made us realise that we don't have to do it all on our own... with him coming and reiterating that we're not all .... On our own ... I think it was pretty good. It makes you think 'yeah, why haven't we talked about this sort of stuff before?'"*

## Event Participants:

