Important Dates:

1st May – MAY DAY (International Labour day)
4th/5th/6th/7th May – Graduation – Ballarat campuses
6th May – Battle of Ballarat (Fed Uni vs ACU)
10th May – Mother’s Day
20th May – Uni Ball (Mad Hatters theme)

SWOT VAC – June 8th – June 12th
SEMESTER1 EXAMS – 15th JUNE – 26th JUNE
LECTURE BREAK – JUNE 29th – JULY 24th

For all of your Employment & Career questions/advice drop into the Careers office – Level 1, Albert Coates Building, Mount Helen!

https://www.facebook.com/FedUniInternationalStudents

FOLLOW US ON

Instagram
Feduni_international

Chat Club
11:30 - 12:30
FREE morning tea

CHAT Club is back for the semester!
Come along and join us for a lovely morning tea and chat.
Chat Club is a great way to get to know other students and if you’re international — a great way to practice your English conversational skills too.
Hope to see you there!

Location: Student Lounge — Albert Coates Building
‘GET IT IN WRITING’

Have you ever walked out of a meeting and wondered what has gone on? Or felt more confused than when you walked in? Sometimes we hear what we want to hear, rather than what’s been said, and sometimes we say things and others hear what they want to hear.

These are the times when it is necessary to “GET IT IN WRITING!” You can avoid confusion and misunderstanding by sending an email to clarify formal and informal meetings that you may have with Lecturers/Tutors or other staff.

The following guidelines will help you to write an email to University staff to clarify the discussions and outcomes of meetings.

1. Briefly state your purpose for writing the e-mail in the subject line. E.g. Meeting (date this occurred), Post Lecture Discussion (course and date), Extension Request.

2. Be sure to provide the reader with a context for your message e.g. “I am seeking to clarify... Following from our conversation after class...”

If you’re asking a question, cut and paste any relevant text (for example, computer error messages, assignment prompts you don’t understand, part of a previous e-mail message, etc.) into the e-mail so that the reader has some frame of reference for your question.

3. Use paragraphs to separate thoughts; you can even put a heading to each paragraph or section.

4. Finally, state the desired outcome at the end of your message. If you’re requesting a response, let the reader know what type of response you require (for example, an e-mail reply, possible times for a meeting, a recommendation letter, etc.)

If you’re requesting something that has a due date, be sure to highlight that due date in a prominent position in your e-mail. Ending your e-mail with the next step can be really useful e.g. “I will send you the relevant documents or submit my assessment on the ... As discussed.”

Farewell

‘There’s no such thing as a silly question!’
Email: studentadviser@federation.edu.au
Phone: (03) 5327 6105
Or drop in at Mt Helen Campus - U113 Level 1 Albert Coates Complex above the Hub, near the Bookstore.

Student Advisory Service

A ‘farewell reception’ to celebrate your time at Federation University
Date: Tuesday 2nd June
Please notify the International office if you are finishing up mid-year and not returning Semester 2, 2015 so we can send you an official invitation with all of the details.
Email: international.ssb@federation.edu.au
In this photo, Jessie stands with other representatives of Victorian Universities. She is standing next to Andrew Robb MP, federal Minister for Trade and Investment, and Dr Ralph King, the Australian Ambassador to Saudi Arabia.

The exhibition provided an opportunity to promote FedUni programs to prospective students in Saudi Arabia. The four day event featured representatives of 480 Universities from around the world promoting programs to the 30,000 visits to the Exhibition.
Myth: People in counselling are weak
Fact: There is nothing weak about a person who enters counselling. The individuals who enter counselling are, in fact, taking the first step in solving their difficulties. A lot of people would view this as courageous.

Myth: The counsellor tells you what to do with your life and how to 'fix' your problems
Fact: The counsellor is there to help you achieve the goals you set and help you resolve your problems. While counsellors will NOT tell you what to do, they will help you explore the potential ups and downs of your choices.

Myth: Counsellor's can prescribe medications, such as anti-depressants
Fact: Neither counsellors or psychologists prescribe medications. A psychiatrist or doctor is the only person that can prescribe medication. The counselling service does not dispense any medications. If you need a prescription drug, the doctor at the Mt Helen Campus Health Centre or your own Doctor will be able to assist you.

Myth: Change is simple
Fact: Change is not always simple and may take some time and effort to put into place. Counselling is not a 'quick fix' cure to your problems, but is part of an ongoing process of change.

Myth: Counselling is only for people who have emotional and psychiatric problems
Fact: While counselling can help people to deal with emotional and psychiatric problems, it can also:

- help you to select a major
- assist you in deciding on a career direction
- suggest ways to develop better relationships
- teach you techniques to become more assertive
- help you to develop better ways to deal with anger
- encourage you to discover more effective ways to study
- suggest better ways to manage the demands of study, employment and parenting
- support you in dealing with homesickness
- support you in making the change from home/school to university
- assist you when considering your options before deferring/leaving
- support your application for special consideration/extensions.

Are you feeling overwhelmed with assignment and exam stress?
Worried about results?
Homesick?
Contact the Counselling Service
(03) 5327 9470
Email: counselling@federation.edu.au
Beach trip - march

games afternoon
Grampians Getaway weekend – April
What is the One Small Thing that has made a difference in your world?


Students, Staff and anyone else welcome!

One Small Thing = A Big Difference
FedUni Living have a number of exciting events coming up, and international residents are encouraged to get involved.

- Res Netball happening each Monday night in the gym, get involved and support your hall
- 4th–8th May, Live below the Line Challenge, speak to your RA for details
- 22nd May, AFL trip, signup at the FedUni Living Office
- 7th–9th August, Snow Trip, speak to your RA for info, get in quick to reserve your spot, opening 9am Tuesday 28th April