















Fed Connect and Care Series

Join us for the Fed Connect and Care series this August. We are bringing together the best of our support and services to offer you a comprehensive series that will connect you to the Fed community and support your Fed journey.

Free for all students

<h3>Join the Fed community</h3> <p>Join the Fed Current Students facebook page</p>  <p>Click here</p>		 <p>Join a Student Group</p> <p>Click here</p>		<p>Come along to our Speed Friending online event</p>  <p>Tuesday 24 August 3.00–4.00pm</p> <p>Click here</p>		<p>Contact the Student Engagement team for other ways to connect to your Fed community.</p> <p>Click here</p>							
<h3>Check in on your health and wellbeing</h3>				<h4>Benefits of Resistance Training</h4> <p>with Dr Scott Talpey, Senior Lecturer, Strength and Conditioning</p> <p>Friday 20 August 12.00–12.30pm</p> <p>Click here</p>		 <h4>Fed Moves Healthy Lifestyle session</h4> <p>Thursday 26 August 12.30–1.30pm</p> <p>Click here</p>		<h4>Student Food Pantries are back!</h4>  <p>Click here</p>		<h4>For more health and wellbeing advice, including free and confidential counselling</h4>  <p>View our services</p>			
<h3>Get the most out of your study and learn new skills</h3>						<h4>For study success advice contact our Learning Skills Advisors (LSA).</h4> <p>Appointments can be booked throughout the semester, including the break</p>  <p>Click here</p>							
<h4>Referencing</h4>  <p>Tuesday 17 August 2.00–3.00pm</p> <p>Click here</p>		<h4>Understanding Turnitin</h4>  <p>Wednesday 18 August 10.00–11.00am</p> <p>Click here</p>		<h4>Writing literature reviews</h4>  <p>Tuesday 31 August 10.00–11.00am</p> <p>Click here</p>									
<h3>Stand out and get ahead in your career</h3>						<h4>Job search skills and preparation</h4>  <p>Wednesday 18 August 12.00–1.00pm</p> <p>Click here</p>		<h4>Networking skills</h4> <p>Presenting your best self both online and in person</p>  <p>Tuesday 24 August 12.00–1.00pm</p> <p>Click here</p>		<h4>Employer discussion panel</h4> <p>'What are employers looking for?'</p>  <p>Thursday 26 August 2.30–3.30pm</p> <p>Click here</p>		<h4>For one to one career advice make an appointment with the Careers and Employability team</h4>  <p>Click here</p>	