

## Enrolment Program Structure

Program Code - PW9

Program Name - Master of Strength and Conditioning

First Year			
Semester 1	Course Code	Course Name	Course Rules
	SCOND6000	S&C program planning, design and implementation	
	SCOND6001	Program design, assessment and instruction for developing strength qualities	
	SCOND6004	Delivery and program design for endurance qualities	
Semester 2			
	HEASC4001	Research design and ethical practice	<b>PR:</b> HUMOV4107 General entry into the Honours program
	SCOND6002	Training and coaching speed qualities	
	SCOND6003	Professional practice in S&C 1	
	SCOND6005	Data analysis and applied statistics	<b>PR:</b> HEASC4001
Second Year			
Semester 1	Course Code	Course Name	Course Rules
	SCOND7000	Professional practice in S&C 2	
<i>Choose either <u>SCOND7001</u> OR <u>SCOND7002 &amp; EXPHS6001</u></i>			
	SCOND7001	Research Project	<b>PR:</b> HEASC4001 Successful completion of all statistical courses within the relevant Master's program.
	Or		
	SCOND7002	Independent directed project in S&C	<b>PR:</b> HEASC4001
	EXPHS6001	Musculoskeletal Exercise Physiology 1	

### Additional Information

This program structure applies to students commencing from 2022. Students who commenced prior to 2022 should refer to the continuing enrolments page.

### Glossary

**Semester:** designated teaching period.

**PR:** Pre-requisite, a course/s that must be completed prior to undertaking another course.

**CO:** Co-requisite, a course/s that must be completed simultaneously, or prior to, undertaking another course.

**EX:** Exclusion, a course/s that may not be taken.