

Enrolment Program Structure

Program Code – PW9

Program Name – Master of Strength and Conditioning (Full-time)

First Year			
Semester 1	Course Code	Course Name	Course Rules
	SCOND6000	S&C program planning, design and implementation	
	SCOND6001	Program design, assessment and instruction for developing strength qualities	
	HEASC4001	Research design and ethical practice	PR: HUMOV4107 General entry into the Honours program
Semester 2			
	SCOND6002	Training and coaching speed qualities	
	SCOND6003	Professional practice in S&C 1	
	SCOND6004	Delivery and program design for endurance qualities	
	SCOND6005	Data analysis and applied statistics	PR: HEASC4001
Second Year			
Semester 1	Course Code	Course Name	Course Rules
	SCOND7000	Professional practice in S&C 2	
	<i>Choose either <u>SCOND7001</u> OR <u>SCOND7002 & EXPHS6001</u></i>		
	SCOND7001	Research Project	PR: HEASC4001 Successful completion of all statistical courses within the relevant Master's program.
	Or		
	SCOND7002	Independent directed project in S&C	PR: HEASC4001
	EXPHS6001	Musculoskeletal Exercise Physiology 1	

Additional Information

This program structure applies to students commencing from 2019.

Glossary

Semester: designated teaching period.

PR: Pre-requisite, a course/s that must be completed prior to undertaking another course.

CO: Co-requisite, a course/s that must be completed simultaneously, or prior to, undertaking another course.

EX: Exclusion, a course/s that may not be taken.