



## Institute of Health and Wellbeing

### 2024 Nepal Clinical placement

Associate Professor Karen Missen

# Join us for an unforgettable clinical placement experience in Nepal!

## Overview

Federation University is proud to offer an exclusive opportunity for our final-year nursing students to embark on a transformative healthcare clinical placement in the heart of Nepal. This unique program will immerse you in the intricacies of global healthcare provision, offering a comprehensive learning experience that extends far beyond the classroom.

Your journey will take you to the Scheer Memorial Hospital, nestled in the vibrant community of Banepa, central Nepal. As a pivotal healthcare institution in the region, this 150-bed private community hospital offers a rare glimpse into a wide array of medical specialties. From medical- surgical, obstetrics and perinatal care, to paediatrics, general and paediatric intensive care, and emergency services, you'll gain hands-on experience in a diverse and dynamic setting.



But that's not all. In addition to your clinical placement, you'll have the chance to engage directly with the local community through the hospital's vital outreach services. This is more than just a placement; it's an opportunity to make a real difference, connect with healthcare professionals from around the globe, and see the world from a new perspective. Don't miss this chance to enhance your nursing education with invaluable global healthcare insights. Join us for a journey that will shape your professional and personal growth in ways you've never imagined.

## Join the journey to global healthcare insight.

Embark on an unparalleled learning adventure with Federation University's nursing program, designed exclusively for final-year students. Dive into the heart of Nepal's healthcare system with a comprehensive clinical placement at Scheer Memorial Hospital, located in the community of Banepa, central Nepal. This placement offers an extraordinary opportunity to work hands-on, five days a week, alongside local healthcare professionals and engage in enriching knowledge exchange sessions with peers from Scheer Memorial Nursing College. Your journey will be filled with diverse experiences, from rotating through various hospital wards and services to participating in vital health outreach activities. Be part of a special workshop designed to foster collaboration with community health volunteers, enhancing your understanding and skills in a real-world setting.

## Enhancing your academic studies

This special opportunity is designed to connect what you've been learning in your second-year Health Promotion course (NURBN2021) with real-world experience during an international trip in your third year called Consolidation of Person-centred Nursing Practice in Diverse Settings (NURBN3034). It's not just about getting hands-on clinical experience; it's an opportunity to explore the differences in healthcare settings, behaviours, social factors, and cultural contexts between Australia and Nepal. We want you to observe and think about these differences, considering how they affect disease prevention and health outcomes.

## Unlock the benefits of global exposure.

Embrace this chance to broaden your perspectives, question your assumptions, and have a real impact on healthcare, both at home and abroad. Come with us on this life-changing trip to Nepal, where you'll see how education, service, and cultural immersion come together in one of the most rewarding experiences of your nursing career.

# Everything you need to know about the Nepal Nursing Clinical Placement study tour

## Benefits

This opportunity goes beyond just fulfilling a course requirement; it opens the door to understanding healthcare on a global scale. As an Australian student, you'll get the special opportunity to engage with healthcare professionals, patients, and local communities in various healthcare settings. This unique experience offers a valuable chance to exchange ideas and closely observe a healthcare system that's quite different from what you're used to in Australia. Through this, you'll gain insights into diverse cultural viewpoints on health, which can ignite a stronger interest in global health issues.

## Eligibility

This program is open to all Federation University undergraduate nursing students enrolled in the 3rd year of their Bachelor of Nursing degree and in the unit NURBN3034.

## Dates

It is expected\* that this three (3) week program will commence on Saturday 7 September 2024 to Sunday 29 September 2024.

\*COVID-19 Safe and University travel safe guidelines permitting.

## Locations visited.

You will fly into Kathmandu, Nepal and stay 2 nights in Kathmandu during your orientation. The group will then transfer to the small town of Banepa, which is located approx. 1 hour east of Kathmandu. In Kathmandu, you will be staying at Dom Himalaya Hotel Paknajol Marg, Thamel, Kathmandu. In Banepa you will be staying at the OYO 242 Hotel Satyam.

## Inclusions

Full international travel insurance, accommodation in Banepa and Kathmandu, clinical placement fees, field trips, most meals, local transport in Nepal and return airfare to and from Kathmandu (group travel to be arranged; all students to be on the same flight).

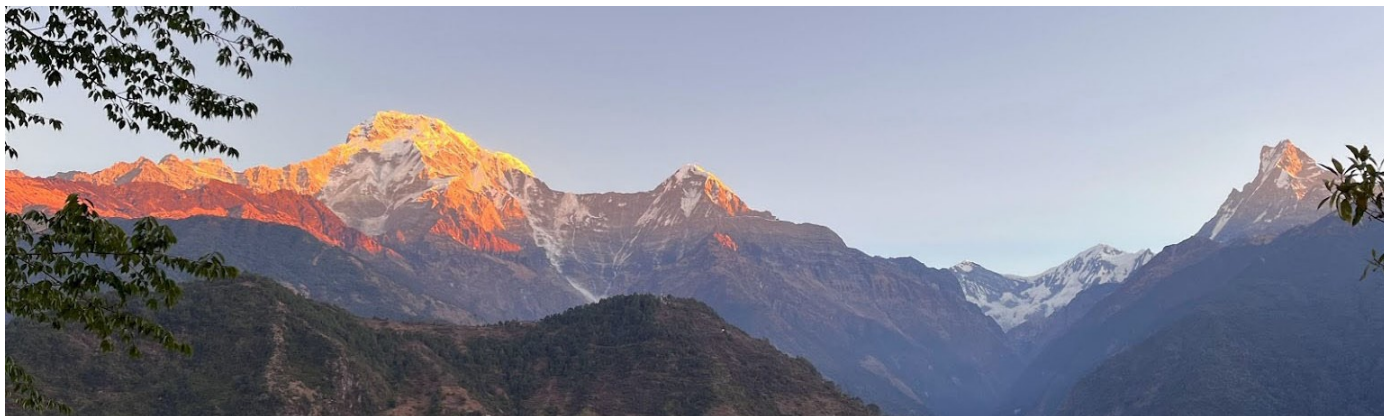
## Cost

Final costs are still to be confirmed with flight costs and insurance costs currently being negotiated. It is expected that the trip will cost between \$5,200.00 and \$5,700.00 per student\*.

Note: NOT included in this cost is passport and visa arrangements, some meals on days off, and personal expenses.

## Financial support available

All participating Australian students will be able to access OS HELP up to the value of \$8,000 (a loan placed on your HECS bill). More information is available at [OS-HELP Loan Program](#).



All students who meet the criteria or wish to participate are invited to submit an [Expression of Interest \(Eoi\)](#) by Friday 5 April, 2024 either by the link or QR code





- Participate in nursing activities with local doctors and nurses at Sheer Memorial Hospital
- Cultural and knowledge exchange with the local nurses and/or nursing students
- Join local staff on health outreach activities
- Participate in health promotion workshops with community health volunteers

### Credit to your degree

Students enrolled in the 3rd year of their Bachelor of Nursing degree will be credited 2 weeks of their five week clinical placement for the unit NURBN3034 on the successful completion of this international placement.

### Assistance with costs

All participating students will also be able to access OS HELP (an interest free loan placed on your HECS account (up to \$8,500)



**This opportunity counts towards the Bronze and Silver levels of your Federation Advantage Award**

# next steps

Ready to go? Follow these steps  
and you're on your way\*

## Step 1

Check the entry requirements, which may include specific units (NURBN3034) or an appropriate previous study unit. Check that you are able to undertake this placement with the Placement office and the course co-ordinator.

## Step 2

Check for any essential requirements that you need to complete in addition to your application. Essential requirements may include valid passports, appropriate vaccinations for your destination country and availability to travel at that time.

## Step 3

Check that you are financially able to undertake this trip. Unfortunately, this year the Clinical placement Nursing tour is not externally supported. You will be able to get an OS-HELP loan (if you are an Australian citizen). You should apply to receive this loan at least one month before departure.

## Step 4

Complete your **Expression of Interest (EOI)** to undertake this tour – (all applications are submitted on-line).

Expressions of interest due: Friday 5 April 2024  
Interview for candidates: Late April 2024



## Questions?

If you want some help getting started, or you need to know more information, we can help.

### Contact the Student Mobility Office:

Coordinator, Study Abroad and Student Mobility  
Global Academic Services

Iain Johnson T +61 3 5327 6561 [i.johnson@federation.edu.au](mailto:i.johnson@federation.edu.au) or  
[studyabroad@federation.edu.au](mailto:studyabroad@federation.edu.au)

### Or speak to the course coordinators:

Project lead: Associate Professor Karen Missen [karen.missen@federation.edu.au](mailto:karen.missen@federation.edu.au)

\* Please note that submitting an expression of interest does not guarantee a placement on this trip. Places are limited and a selection process will be undertaken to select candidates according to merit

## 2023 Clinical Placement Study tour in Nepal comments...

*"The reality of how fortunate we are at home when treating patients with all of our equipment and safety whilst being in complete awe of the abilities of the staff at Sheer is something I will take through my career... It was truly life changing for me"*

*Rebecca Miller 2023*

*"It was an eye-opening experience, especially not just seeing what a hospital in a third world country is like, but more for the cultural experience and understanding the different cultures. Going to their country, seeing how it is all done, and understanding it will make me a better nurse when I start"*

*Amanda Missen 2023*

