

Year level	Semester	Course Code	Course Name	Credit Points	Total CPs
1	1	HEALT1101	Introduction to Health	10	
1	1	EXSCI1102	Anatomical Bases of Human Movement HM	10	
1	1	HMALS1006	Swimming, Water Safety and Aquatic Activities	10	
1	1	HMPRC1007	Professional Practice 1: Part A (Lecture only for this course)	5	
1	1	HMALS1003	Fundamentals of Fitness 1	5	
1	1	EXSCI2001	Motor Learning & Performance	10	
1	1	EXSCI1004	Biomechanics	10	60
<hr/>					
1	2	EXSCI1005	Physiological Bases of Human Movement 1	10	
1	2	EXSCI1107	Measurement and Evaluation in Human Movement HM	10	
1	2	HMPRC1008	Professional Practice 1: Part B (Lecture only for this course)	5	
1	2	HMALS1002	Fundamentals of Movement and Instruction	10	
1	2	HMALS1004	Fundamentals of Fitness 2	5	
1	2	EXSCI1111	Introduction to Sport and Exercise Psychology	10	
1	2	EXSCI2002	Functional Anatomy	10	60
					120
<hr/>					
Sem 1 CORE					
2	1	HEALT2004	Nutrition for Health	15	
2	1	HMPRC2007	Professional Practice 2: Part A	5	
2	1	EXSCI2003	Physiological Bases of Human Movement 2	10	
2	1	EXSCI2107	Psychology of Physical Activity	15	
Sem 1 Minor Sequence (Select 1 only)					
<i>Exercise Rehabilitation Minor %</i>					
2	1	PHSED3102	Adaptive Physical Education	15	
<i>or Sports Coaching Minor</i>					
2	1	EXSCI2005	Sports Coaching 1	15	
<i>or Health Studies Minor</i>					
2	1	HEALT1002	Drugs and Society	15	
<i>or</i>					
<i>The course listed below is recommended for students wishing to do a Masters of Education following completion of the BExSS</i>					
2	1	EXSCI2005	Sports Coaching 1*	15	60
<hr/>					
Sem 2 CORE					
2	2	PHSED2102	Sociological Foundation of Human Movement	10	
2	2	EXSCI3003	Exercise Testing and Prescription for General Populations	15	
2	2	HMPRC2008	Professional Practice 2: Part B	5	
2	2	EXSCI2008	Applied Biomechanics	15	
Sem 2 Minor Sequence (Select 1 only)					
<i>Exercise Rehabilitation Minor %</i>					
2	2	HMALS3015	Massage and Aquatic Exercise	15	
<i>or Sports Coaching Minor</i>					
2	2	EXSCI2006	Sports Coaching 2	15	
<i>or Health Studies Minor</i>					
2	2	HEALT1003	Interpersonal Skills	15	
<i>or</i>					
<i>The courses listed below are recommended for students wishing to do a Masters of Education following completion of the BExSS</i>					
2	2	HEALT2005	Human Sexuality	15	
		HMALS2004	Dance (this will total to 62.5 CP)	2.5	60
<hr/>					

% Students considering the Grad Dip Clinical Exercise Physiology should select the Exercise Rehab Minor Sequence

Year level	Semester	Course Code	Course Name	Credit Points	Total CPs	
Sem 1 CORE:						
3	1	EXSCI3001	Injury Prevention in Human Movement Activities	10	45	
3	1	EXSCI3002	Physical Preparation for Sport	15		
3	1	HEALT3006	Health Promotion	15		
3	1	HMPRC3007	Professional Practice 3: Part A	5		
Sem 1 Minor Sequence (Select 1 only)						
<i>Exercise Rehabilitation Minor %</i>						
3	1	EXSCI2009	Exercise Prescription	15	plus elective CPs	
<i>or Sports Coaching Minor</i>						
3	1	PHSED3102	Adaptive Physical Activity	15		
<i>or Health Studies Minor</i>						
3	1	PHSED3102	Adaptive Physical Activity	15		
<i>Minor sequence recommended for students wishing to do a Masters of Education and selecting Drugs and Society</i>						
<i>or</i>						
	1	HEALT1002	Drugs and Society	15		
	1	HMALS3001	Athletics 1 -Track	2.5		
3	1	HMALS2001	Gymnastics 1	2.5		
<i>Minor sequence recommended for students wishing to do Masters of Education and selecting Interpersonal Skills</i>						
<i>or</i>						
3	1	HMALS2003	Minor Games	2.5		
3	1	HMALS2001	Gymnastics 1	2.5		
3	1	HMALS3001	Athletics 1 - Track	2.5		

Sem 2 CORE:						
3	2	EXSCI3008	Motor Control & Performance	15	45	
3	2	EXSCI3009	Injury Prevention & Risk Management in Exercise & Sport Science	15		
3	2	PHSED4003	Philosophical and Contemporary Issues in Human Movement	10		
3	2	HMPRC3008	Professional Practice 3: Part B	5		
Sem 2 Minor Sequence (Select 1 only)						
<i>Exercise Rehabilitation Minor %</i>						
3	2	EXSCI3012	Exercise Testing and Prescription for Clinical Populations	15	plus elective CPs	
<i>or Sports Coaching Minor</i>						
<i>1 elective chosen from:</i>						
3	2	HEALT2005	Human Sexuality	15		
3	2	Elective	1 x15 credit point HMSS elective	15		
<i>Please note: There is a quota on course HMALS3015. If you want to select this as your elective please talk to Megan Charity as the Exercise Rehabilitation Minor students will have first preference</i>						
<i>Health Studies Minor</i>						
3	2	HEALT2005	Human Sexuality	15		
<i>Minor sequence recommended for students wishing to do a Masters of Education and selecting Drugs and Society</i>						
<i>or</i>						
3	2	HMALS3002	Athletics 2 - Field	2.5		
3	2	HMALS2002	Gymnastics 2	2.5		
3	2	HMALS2003	Minor Games	2.5		
<i>Minor sequence recommended for students wishing to do a Masters of Education and selecting Interpersonal Skills</i>						
<i>or</i>						
3	2	HEALT1003	Interpersonal Skills	15		
3	2	HMALS3002	Athletics 2 - Field	2.5		
3	2	HMALS2002	Gymnastics 2	2.5		

% Students considering the Grad Dip Clinical Exercise Physiology should select the Exercise Rehab Minor Sequence