

Books according to need or ‘malady’
(from *Reading The Seasons: Books Holding Life & Friendship Together* by Germaine Leece and Sonya Tsakalakis)

Uplifting and Hopeful

The Midnight Library, Matt Haig

The Crane Wife, Patrick Ness

Surfacing, Kathleen Jamie

Australia Day, Melanie Cheung

Existential Angst

Before the Coffee Gets Cold, Toshikazu Kawaguchi

Forty Rooms, Olga Grushin

The Interestings, Meg Wolitzer

Families, with all their particularities

The Actress, Anne Enright

The Light Years, Elizabeth Jane Howard

That Kind of Mother, Rumaan Alam

Strength amid Adversity

The Return, Hisham Matar

Patrick Melrose series, Edward St Aubyn

My Antonia, Willa Cather