

## Enrolment Program Structure

Program Code - PX5

Program Name - Bachelor of Exercise and Sport Science

### First Year

Semester 1	Course Code	Course Name	Course Rules
	EXSCI1702	Exercise Principles and Instruction	
	EXSCI1703	Motor Learning and Control	
	HEALT1111	Anatomy and Physiology for Health Professionals 1	
	HEALT1705	Psychosocial Aspects of Health Behaviour	

### Semester 2

	EXSCI1701	Introduction to Biomechanics	
	EXSCI1704	Principles of Research in Exercise Science	
	HEALT1112	Anatomy and Physiology for Health Professionals 2	
	HEALT1706	Health and Physical Activity Promotion	

### Second Year

Semester 1	Course Code	Course Name	Course Rules
	EXSCI2008	Applied Biomechanics	<b>PR:</b> EXSCI 1701
	EXSCI2171	Exercise Physiology	<b>PR:</b> HEALT1111 & HEALT1112
	EXSC2172	Functional Human Anatomy	<b>PR:</b> HEALT 1111 HEALT 1112
	HMPRC2170	Introduction to Exercise Science Workplace Learning	

### Semester 2

	EXSCI2173	Psychology of Sport and Exercise	
	EXSCI2175	Exercise Prescription 1	<b>PR:</b> EXSCI 2171

	EXSCI3171	Advanced Motor Learning and Control	<b>PR: EXSCI 1703</b>
<b>Elective 1</b> (Choice of streams in - Master of Teaching, Applied Exercise or Health Science)			
<b>Master of Teaching Stream</b>	HEALT 2006	Population And Global Health Perspectives	
<b>Applied Exercise: Principles &amp; Practice Stream</b>	EXSCI2176	Inclusion Through Physical Activity	<b>PR: EXSCI 1702</b>
<b>Health Science Stream</b>	EXSCI2176	Inclusion Through Physical Activity	<b>PR: EXSCI 1702</b>
<b>Third Year</b>			
<b>Semester 1</b>	<b>Course Code</b>	<b>Course Name</b>	<b>Course Rules</b>
	EXSCI3172	Exercise Prescription 2	<b>PR: EXSCI 2175</b>
	EXSCI3173	Injury Prevention and Management in Human Movement	
	HMPRC3170	Workplace Readiness	
<b>Elective 2</b> (Choice of streams in - Master of Teaching, Applied Exercise or Health Science)			
<b>Master of Teaching Stream</b>	EDHPE4000	Games Pedagogy	
<b>Applied Exercise: Principles &amp; Practice Stream</b>	EXSCI3175	Exercise Modalities	<b>PR: EXSCI 2176</b>
<b>Exercise Science</b>			
<b>Health Science Stream</b>	BEHAV2002	Abnormal Behaviour and Disorders	
<b>Semester 2</b>			
	EXSCI3002	Physical Preparation in Sport	<b>PR: EXSCI 2171</b>
	HEALT2174	Nutrition for Health and Exercise	
	EXSCI3177	Applied Exercise Science	
<b>Elective 3</b> (Choice of streams in - Master of Teaching, Applied Exercise or Health Science)			
<b>Master of Teaching Stream</b>	EDHPE3002	Health and Physical Activity in Society	

<b>Applied Exercise: Principles &amp; Practice Stream</b>	EXSCI3176	Advanced Exercise Programming	<b>PR:</b> EXSCI 3175
<b>Health Science Stream</b>	BEHAV2001	Lifespan Human Development	<b>PR:</b> 60 points of study in any discipline

### Additional Information

This program structure applies to students commencing from 2022. Students who commenced prior to 2022 should refer to the continuing enrolments page.

### Glossary

**Semester:** designated teaching period.

**PR:** Pre-requisite, a course/s that must be completed prior to undertaking another course.

**CO:** Co-requisite, a course/s that must be completed simultaneously, or prior to, undertaking another course.

**EX:** Exclusion, a course/s that may not be taken.