

Enrolment Program Structure

Program Code - PX5

Program Name - Bachelor of Exercise and Sport Science

First Year			
Semester 1	Course Code	Course Name	Course Rules
	HEALT 1111	Anatomy and Physiology for Health Professionals 1	
	EXSCI 1703	Motor Learning and Control	
	EXSCI 1702	Exercise Principles and Instruction	
	HEALT 1705	Psychosocial Aspects of Health Behaviour	
Semester 2			
	HEALT 1112	Anatomy and Physiology for Health Professionals 2	
	HEALT 1706	Health and Physical Activity Promotion	
	EXSCI 1701	Introduction to Biomechanics	
	EXSCI 1704	Principles of Research in Exercise Science	
Second Year			
Semester 1	Course Code	Course Name	Course Rules
	EXSCI 2171	Exercise Physiology	
	EXSCI 2172	Functional Human Anatomy	PR: HEALT 1111 HEALT 1112
	EXSCI 2173	Psychology of Sport and Exercise	
	HMPRC 2170	Introduction to Exercise Science Workplace Learning	
Semester 2			
	HEALT 2174	Nutrition for Health and Exercise	
	EXSCI 2175	Exercise Prescription 1	PR: EXSCI 2171
	EXSCI 2008	Applied Biomechanics	PR: EXSCI 1701

Elective 1 (Choice of streams in - Masters of Teaching, Applied Exercise or Health Science)

Masters of Teaching Stream

EDHPE 1002 Health and Lifestyle

Applied Exercise: Principles & Practice Stream

EXSCI 2176 Inclusion Through Physical Activity

PR: EXSCI 1702

Health Science Stream

EXSCI 2176 Inclusion Through Physical Activity

PR: EXSCI 1702

Third Year

Semester 1

Course Code Course Name

Course Rules

EXSCI 3171 Advanced Motor Learning and Control

PR: EXSCI 1703

EXSCI 3172 Exercise Prescription 2

PR: EXSCI 2175

HMPRC 3170 Workplace Readiness

Elective 2 (Choice of streams in - Masters of Teaching, Applied Exercise or Health Science)

Masters of Teaching Stream

HMALS 3016 Games Pedagogy

Applied Exercise: Principles & Practice Stream

Exercise Science

EXSCI 3175 Exercise Modalities

PR: EXSCI 2176

Health Science Stream

BEHAV 2002 Abnormal Behaviour and Disorders

Semester 2

EXSCI 3002 Physical Preparation in Sport

PR: EXSCI 2171

EXSCI 3173 Injury Prevention and Management in Human Movement

EXSCI 3174 Advanced Exercise Science

Elective 3 (Choice of streams in - Masters of Teaching, Applied Exercise or Health Science)

Masters of Teaching Stream

HMALS 2005 Creative Movement in HPE

Applied Exercise: Principles & Practice Stream	EXSCI 3176	Advanced Exercise Programming	PR: EXSCI 3175
Health Science Stream	BEHAV 2001	Lifespan Human Development	PR: 60 points of study in any discipline

Additional Information

This program structure applies to students commencing from 2019. Students who commenced prior to 2019 should contact the Undergraduate Administrator for the appropriate enrolment information.

Glossary

Semester: designated teaching period.

PR: Pre-requisite, a course/s that must be completed prior to undertaking another course.

CO: Co-requisite, a course/s that must be completed simultaneously, or prior to, undertaking another course.

EX: Exclusion, a course/s that may not be taken.