

## Enrolment Program Structure

**Program Code - PW9**

**Program Name - Master of Strength and Conditioning (Part-time)**

First Year			
Semester 1	Course Code	Course Name	Course Rules
	SCOND6000	S&C program planning, design and implementation	
Semester 2			
	SCOND6002	Training and coaching speed qualities	
	SCOND6003	Professional practice in S&C 1	
Second Year			
Semester 1	Course Code	Course Name	Course Rules
	SCOND6001	Program design, assessment and instruction for developing strength	
	HEASC4001	Research design and ethical practice	<b>PR:</b> HUMOV4107 General entry into the Honours program
Semester 2			
	SCOND6004	Delivery and program design for endurance qualities	
	SCOND6005	Data analysis and applied statistics	<b>PR:</b> HEASC4001
Third Year			
Semester 1	Course Code	Course Name	Course Rules
	SCOND7000	Professional practice in S&C 2	
	SCOND7001	Research Project	<b>PR:</b> HEASC4001 Successful completion of all statistical courses within the relevant Master's program.
	Or		
	SCOND7002	Independent directed project in S&C	<b>PR:</b> HEASC4001

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EXPHS6001	Musculoskeletal Exercise Physiology 1
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**Semester 2**

SCOND7000	Professional practice in S&C 2
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SCOND7001	Research Project
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**PR:** HEASC4001

Successful completion of all statistical courses within the relevant Master's program.

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SCOND7002	Independent directed project in S&C
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**PR:** HEASC4001

EXPHS6001	Musculoskeletal Exercise Physiology 1
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**Additional Information**

This program structure applies to students commencing from 2020. Students who commenced prior to 2020 should refer to the 2019 program structure.

**Glossary**

**Semester:** designated teaching period.

**PR:** Pre-requisite, a course/s that must be completed prior to undertaking another course.

**CO:** Co-requisite, a course/s that must be completed simultaneously, or prior to, undertaking another course.

**EX:** Exclusion, a course/s that may not be taken.