

Employability Module

Setting up students for employment from within their Federation Online degree

Federation University Australia acknowledges the Traditional Custodians of the lands and waters where our campuses, centres and field stations are located and I pay my respects to Elders past, present and emerging. I extend this respect to all Aboriginal and Torres Strait Islander and First Nations Peoples.

Wimmera: Wotjobaluk, Jaadwa, Jadawadjali, Wergaia, Jupagulk

Ballarat: Wadawurrung

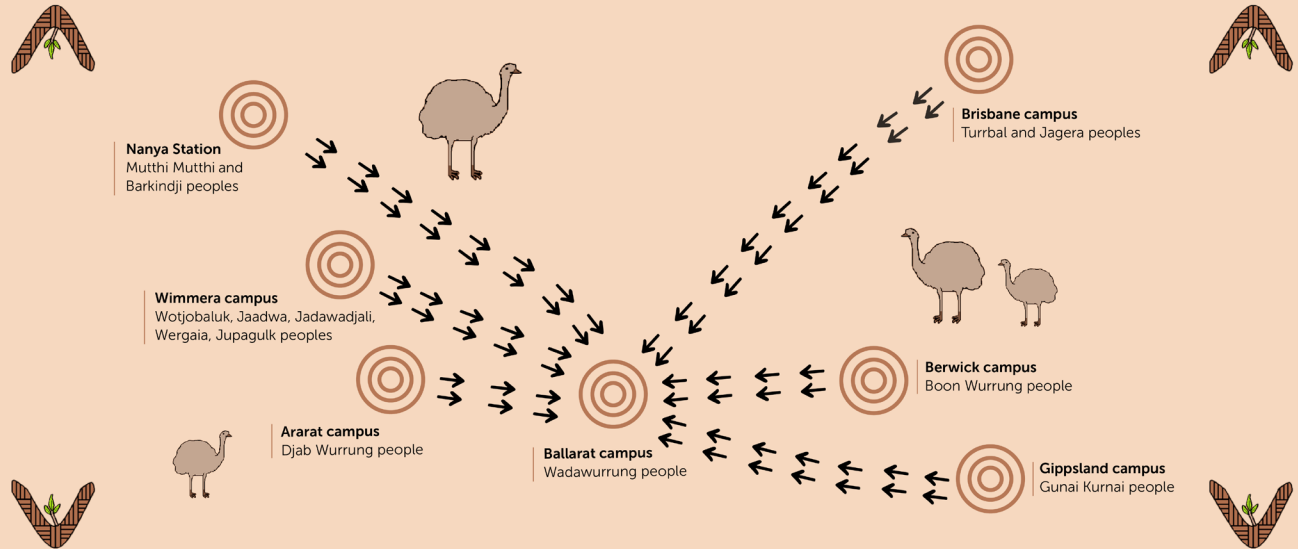
Gippsland: Gunai Kurnai

Brisbane: Turrbal and Jagera

Nanya Station: Mutthi Mutthi and Barkindji

Berwick: Boon Wurrung

Ararat: Djab Wurrung



Geographical Mapping with Language/Clan Group/Clusters Art work developed by Shanaya Sheridan, FedUni AEC

What is Food & Nutrition?

Where are students coming from?

Where do students want to go?

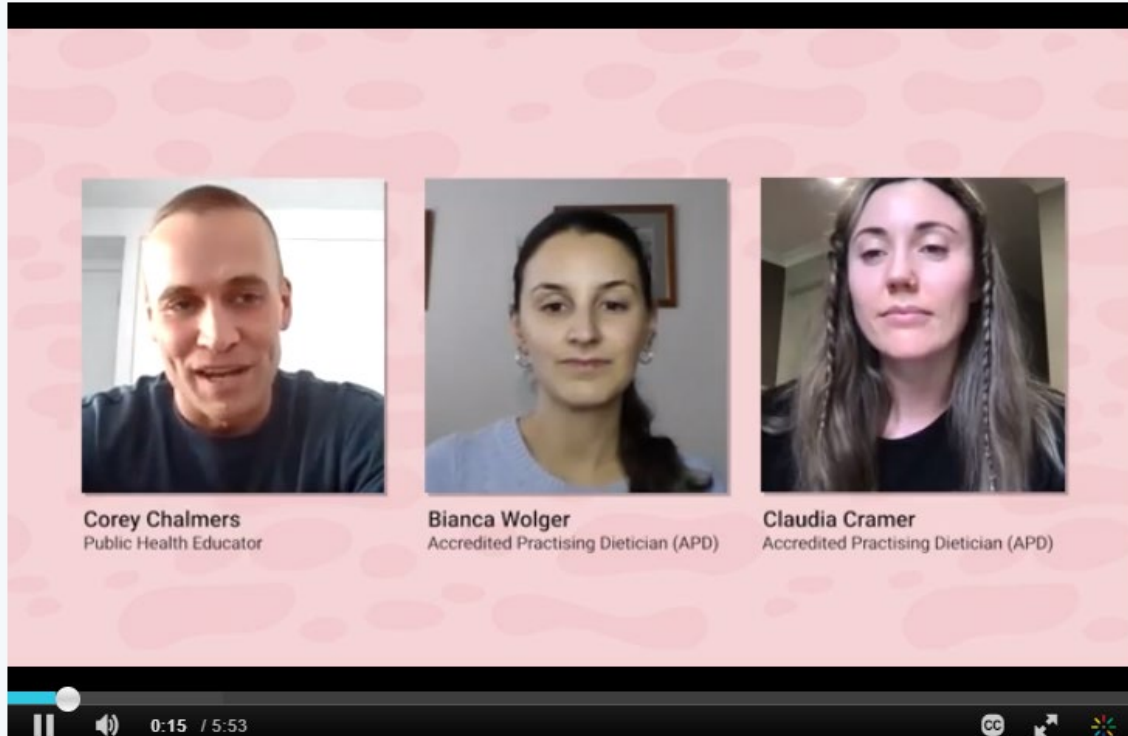


Employability in food and nutrition

The food and nutrition industry is a large and complex industry, offering opportunities for employment in a variety of different jobs. You might go into the nutrition space, but you also might go into industry as a Food Specialist in a food producing company (such as Bega, Kraft or Norco) or work in supporting roles for food issues (e.g. in wellbeing camps, at schools or community groups) or as a researcher in food (e.g. a research assistant). This employability module will help you to understand how to look for jobs, what key words to use, and what roles you might consider for your future career in food and nutrition.

Industry perspectives

The following video introduces Corey Chalmers, Claudia Cramer and Bianca Woger who all work professionally in the food and nutrition industry. Listen to their conversation as they describe how they began their journey into professional life and what interests them.



Explore further

Select the following headings to learn more about discovering opportunities in Food and Nutrition.

[Activity: Keeping a close eye on the job market](#)

Throughout your studies, you should be taking some time to see what's on offer in the job markets that you're interested in. You may find that you can gain employment in your field before completing your studies with Federation Online.

Check out [Seek](#) (Seek, 2024) or [Indeed](#) (Indeed, 2023) and see what's currently being advertised in your field.

The following job descriptions were sourced through Seek:

- [Opportunity 1: Team Leader Food Production – Fixx Nutrition Pty Ltd \(PDF 602 KB\)](#).
- [Opportunity 2: Graduate Food Technologist – ProForm Gourmet Pty Ltd \(PDF 621 KB\)](#).
- [Opportunity 3: Nutritionist \(maternity cover\) – Arnhem Land Progress Aboriginal Corporation \(PDF 608 KB\)](#).

Reflect

What skills do you already have? Could you apply for any of these roles now?

One of the Learning outcomes for this units is *S2 Critically evaluate the commonly used methods for measuring and analysing dietary intake* - which job/s feature this skill?

Activity

Search for keywords like skills or areas of interest – for example 'sports nutritionist' or 'food technologist' or 'nutritionist'. What did you find interesting? Perhaps you could apply now?

Take this to 1.1 Discussion 1: [Introduce yourself](#) and share something that you're interested in with your Learning Group.

Industry opportunities

Opportunity 1: Team Leader Food Production

- Fixx Nutrition Pty Ltd
- Assembly and Process work (Manufacturing, Transport and Logistics)
- Full time

About us

At Fixx Nutrition we harness nature to improve athletic performance in the best way possible! An innovator in the global health & sports supplement market, we are committed to developing and manufacturing highly effective, innovative, natural products. With our own factory and team of people, we are unique in that we control all aspects of product & brand development, manufacturing, market launch & marketing communication. Our customers include professional teams, such as the Wallabies, UK Cricket & Football, AFL, AFLW & NRL teams and the Springboks to name a few! We also help fuel marathon runners, trail runners, cyclists, triathletes, adventure racers, and obstacle course athletes. Be part of our plan to keep people fit, active, healthy & achieving their goals!

Qualifications & experience

- Previous work experience in food manufacturing
- An understanding of HACCP and operating with HACCP
- Food Safety Certificate (AUS)
- Ability to work independently, reliable & trustworthy
- Flexibility to work independently as well as within a small team
- Forklift license not a must but is advantageous
- Willingness to learn and be hands-on is important
- Some heavy lifting is required

Tasks & responsibilities

- Achieve daily production output requirements with a hands-on approach
- Supervise a small team of production staff
- Operate various vertical form-filling machines
- Batch mixing powder and liquid ingredients
- Ensure set up and end of day tasks are completed

Benefits

- The opportunity to grow your responsibilities and leadership experience as the company grows
- Access to our quality range of sports supplements

Your future in Food and Nutrition

Once you've completed your current studies there are many options for your next step. Perhaps you found a job through your employment searches, or perhaps there's an opportunity to develop a business idea? Another option is to look at taking on further study with a graduate program or joining a professional body to expand your network.

Here is a list of possible pathways that you could explore in this field:

- Organise your registration with the AAPRN.
 - The [Australasian Association and Register of Practicing Nutritionists \(AARNP\)](#) is a peak body representing professional, degree qualified, clinically trained Nutritionists, and is an ordinary member of Allied Health Professions Australia.
- Train as a dietician.
 - In your Bachelor of Food and Nutrition sciences you will complete two units in your 3rd year that are pre-requisites for Dietetics (Post-Graduate study).
- Check out these opportunities:
 - [Graduate program](#) by Bega Group.
 - [Early careers](#) with Arnott's.
 - [Nextgen Nestlé graduate program](#) with Nestlé.
- We recommend that you keep a portfolio of graduate programs to be job ready at graduation. Think about creating a Portfolio in [Mahara](#). By the end of your course, you'll have a long list of potential pathways for study and employment.

Thank you

Emma Derainne

