



Sport, Health, Physical and Outdoor Education

At our new state of the art Health and Sports Precinct, our students develop their practical and clinical skills in a high-quality learning environment.

Offering the ideal backdrop to extend our world-class research, these facilities also provide sports science students with commercial experience in the student-led clinic and community gymnasium.

The updated anatomy and physiology laboratories also supports learning and teaching in health related programs such as exercise science, physical education, nursing, paramedicine and biomedical science.

Undergraduate Certificate in Principles of Health Promotion

This certificate offers an opportunity to articulate into either the Bachelor of Health Sciences (Health Promotion) or Bachelor of Science with four subjects of specified credit.

LOCATION	DURATION	ATAR	APPLICATION
Online	0.5 year	Not required	Direct
ENTRY REQUIREMENTS			
Successful completion of a year 12 qualification (VCE/VCAL/interstate or overseas equivalent).			
ENTRY REQUIREMENTS (NON-YEAR 12)			
Higher Education, VET and/or Work/Life Experience			

Undergraduate Certificate in Sport, Physical and Outdoor Education

For people looking to explore opportunities in community sport, recreation and outdoor education; and those who didn't meet entry requirements to begin a teaching degree who'd like to specialise in outdoor education, health and physical education.

LOCATION	DURATION	ATAR	APPLICATION
Online	0.5 year	Not required	Direct
ENTRY REQUIREMENTS			
Successful completion of a year 12 qualification (VCE/VCAL/interstate or overseas equivalent).			
ENTRY REQUIREMENTS (NON-YEAR 12)			
Higher Education, VET and/or Work/Life Experience			



Bachelor of Secondary Education (Health and Physical Education Teaching)

Specialise in health and PE education as well as another teaching method in English, history, maths, psychology, science or outdoor education. Areas of study include exercise physiology, biomechanics, motor development and learning, fundamentals and foundations of health and physical education, health and human development, nutrition, physical activity, creative movement, applied sports science, contemporary curriculum design, pedagogy and assessment for teaching and learning in health and physical education.

LOCATION Ballarat, Berwick, Gippsland	DURATION 4 years	GUARANTEED ATAR 70	APPLICATION VTAC / Direct
ENTRY REQUIREMENTS Units 1 and 2: satisfactory completion in two units (any study combination) of Maths: General Mathematics, Maths: Mathematical Methods or Maths: Specialist Mathematics or Units 3 and 4: any Mathematics; Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL.			
ENTRY REQUIREMENTS (NON-YEAR 12) Higher Education, VET and/or Work/Life Experience		ESSENTIAL REQUIREMENTS Working with Children (WWC), Police record check. See study.federation.edu.au	
PROFESSIONAL RECOGNITION Victorian Institute of Teachers (VIT)			

*Proposed course only. Subject to Federation's course accreditation processes.

Bachelor of Sport, Physical and Outdoor Education

If you're thinking about a career in community sport and recreation, or if you're looking for a pathway into Outdoor Education or Health and PE (HPE) teaching, this degree is for you. This course offers two options to becoming a registered Health and PE teacher. If after completing first year, you have maintained a good academic standard, you may be eligible to apply for a transfer into second year of the Bachelor of Health and Physical Education. Alternatively, you may continue into a Master of Teaching in either secondary or primary teaching, and qualify as a Victorian Institute of Teaching registered teacher within 4.5 years.

LOCATION Ballarat, Gippsland, *Berwick	DURATION 3 years
GUARANTEED ATAR 50	APPLICATION VTAC / Direct
ENTRY REQUIREMENTS Units 1 and 2: satisfactory completion in two units (any study combination) of Maths: General Mathematics, Maths: Mathematical Methods or Maths: Specialist Mathematics or Units 3 and 4: any Mathematics; Units 3 and 4: a study score of at least 20 in any English.	
ENTRY REQUIREMENTS (NON-YEAR 12) Higher Education, VET and/or Work/Life Experience	ESSENTIAL REQUIREMENTS Working with Children (WWC), Police record check. See study.federation.edu.au
PROFESSIONAL RECOGNITION VIT, Australian Council for Health, Physical Education and Recreation (ACHPER)	

Bachelor of Outdoor and Environmental Education

Now is a great time to learn leadership, teaching and people skills to educate students about the outdoors and the environment. This course has a blend of hands-on and theoretical work, with subjects including outdoor leadership, community and bush environments, and coastal environments. You can also choose to major in tourism, human behaviour or conservation science. Perhaps you'll work in resorts, councils or community organisations. And maybe you'll start your own ecotourism company.

LOCATION Ballarat, Gippsland	DURATION 3 years	GUARANTEED ATAR 50	APPLICATION VTAC / Direct
ENTRY REQUIREMENTS Units 3 and 4: a study score of at least 20 in any English		ENTRY REQUIREMENTS (NON-YEAR 12) Higher Education, VET and/or Work/Life Experience	
ESSENTIAL REQUIREMENTS Working with Children (WWC), Police record check. See study.federation.edu.au			
PROFESSIONAL RECOGNITION Outdoors Victoria (OV), Outdoor Education Australia (OEA)			

Bachelor of Exercise and Sport Science

Choose to specialise in either applied exercise programming, health or teaching and discover how to plan, implement healthy living for diverse populations. Learn through industry placements as well as practical experiences.

LOCATION	DURATION	GUARANTEED ATAR	APPLICATION
Ballarat, ^{FLEX} Gippsland	3 years	50	VTAC / Direct
ENTRY REQUIREMENTS			
Units 1 and 2: satisfactory completion in two units (any study combination) of Maths: General Mathematics, Maths: Mathematical Methods or Maths: Specialist Mathematics or Units 3 and 4: any Mathematics; Units 3 and 4: a study score of at least 20 in any English.			
ENTRY REQUIREMENTS (NON-YEAR 12)			
Higher Education, VET and/or Work/Life Experience			
PROFESSIONAL RECOGNITION			
Exercise and Sport Science Australia (ESSA), and level 1 accreditation – varied.			

^{FLEX}Flexible delivery is a blend of online study with regular, scheduled on-campus classes.

Bachelor of Exercise and Sport Science (Honours)

Increase specialist knowledge and develop skills in your major field of interest in exercise and sport science. Undertake a research project, as well as coursework studies in research methodologies and communication. This is a fourth-year course for graduates of science, IT and mathematical science undergraduate degrees. It serves as a prelude to a research higher degree.

LOCATION	DURATION	ATAR	APPLICATION
Ballarat	1 year	Not required	Direct
ENTRY REQUIREMENTS (NON-YEAR 12)			
See study.federation.edu.au			

Bachelor of International Sport Management

Delivered in partnership with the World Academy of Sport, this online degree combines industry expertise with practical academic insights. Gain access to exclusive case studies and interviews from world leaders in sport management and become a future sport leader with 21st century skills.

LOCATION	DURATION	GUARANTEED ATAR	APPLICATION
Online	3 years	60	Direct
ENTRY REQUIREMENTS			
Applicants will have completed the equivalent of Victorian Certificate of Education (VCE) Year 12 with a study score of at least 25 in English and successful completion of at least Year 11 Mathematics or equivalent.			
ENTRY REQUIREMENTS (NON-YEAR 12)			
Higher Education, VET and/or Work/Life Experience			

Bachelor of Sport Management (Honours)

This course aims to develop your specialist knowledge and skills in a major field of sport management. Graduates are attractive to employers interested in motivated employees with demonstrated research skills, providing greater opportunity for promotion in the workplace.

LOCATION	DURATION	ATAR	APPLICATION
Ballarat	1 year	Not required	Direct
ENTRY REQUIREMENTS (NON-YEAR 12)			
See study.federation.edu.au			

GUARANTEED ATAR See definition on p 61

"I chose to study at Federation University because it is renowned for its health and exercise courses. Due to the smaller class sizes at Federation, I was able to get to know my cohort really well and I also had access to valuable face-to-face contact with lecturers. I loved my course and have gained valuable knowledge, skills and networking opportunities within the exercise science field which will be beneficial in my future educational and career endeavours."

Gemma Ford

Bachelor of Exercise and Sport Science





Andrew Russell has become one of AFL's top fitness coaches.

After graduating from Federation University, Andrew worked as an assistant coach with Essendon, before being head-hunted by Port Adelaide.

He later worked at Hawthorn for 14 years, assisting the club to win four premierships.

Currently working as Carlton Football Club's Director of High Performance, Andrew keeps the team motivated and in optimum physical condition.

"The quality of the lecturers and the learning environment in my course definitely set me up for work life."

Andrew Russell
Sport Science graduate

Bachelor of Health Sciences (Honours)

Undertake a research project, as well as coursework studies in research methodologies and communication. This is a fourth-year program for graduates of a science, IT or mathematical science undergraduate degree and serves as a prelude to a research higher degree.

LOCATION	DURATION	ATAR	APPLICATION
Ballarat	1 year	Not required	Direct
ENTRY REQUIREMENTS (NON-YEAR 12) See study.federation.edu.au			

Master of Clinical Exercise Physiology

Explore how health sciences integrates with the practical ability to develop and manage exercise programs for the prevention, treatment and ongoing management of injuries, chronic disease and complex conditions. Clinical knowledge, skills and experience is further applied to the completion of a research thesis or project.

LOCATION	DURATION	ATAR	APPLICATION
Ballarat	1.5 years	Not required	Direct
ENTRY REQUIREMENTS (NON-YEAR 12) See study.federation.edu.au		ESSENTIAL REQUIREMENTS Interview. See study.federation.edu.au	
PROFESSIONAL RECOGNITION Exercise and Sport Science Australia (ESSA)			

Master of Strength and Conditioning (by Coursework)

Gain accreditation required to work with high achieving athletes and equip yourself with the skills to determine physical qualities such as strength, power, speed, agility and endurance. Other subject areas covered include recovery, nutrition, injury, prevention and rehabilitation.

LOCATION	DURATION	ATAR	APPLICATION
Ballarat	1.5 years	Not required	Direct
ENTRY REQUIREMENTS See study.federation.edu.au		ESSENTIAL REQUIREMENTS Interview. See study.federation.edu.au	



Scan to request more information

Federation.edu.au

1800 333 864 (1800 FED UNI)

#feduni      /feduniaustralia



Disclaimer: Information contained in this brochure is correct as at July 2021.

Federation University Australia reserves the right to alter any course, procedure or fee, as deemed necessary. Prospective students should confirm course information by visiting federation.edu.au and vtac.edu.au or by contacting the University directly. The information contained in this brochure is specifically for domestic students – international students should contact International education on a +61 3 5327 9018.

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Top 10 perks of being a Federation University student

Federation University students enjoy some fantastic freebies which help make the transition to university life smoother and add to the overall experience.

- 1. Access to thousands of films for free** – Don't want to pay a monthly subscription to Netflix? That's ok, as all Fed students receive free access to Kanopy which screens the latest movies, inspiring documentaries and award-winning foreign films which can be enjoyed from your TV, mobile phone and tablet.
- 2. Employment opportunities** – We help our students develop their resumes and keep them informed of casual, part-time and graduate employment opportunities as part of our Edge program. As not only are our programs designed to make sure our graduates are job-ready, we also want to help with employment while studying, hence why Federation is rated Victoria's #1 university for employability.
- 3. Free parking** – Did you know that Fed students enjoy free parking at our Mt Helen and Gippsland campuses and heavily discounted parking at Berwick? This means more money in your pocket each year. Our Berwick Campus is also only a short stroll away from the train station, offering easy access to public transport.
- 4. Discounted memberships** – Join our world-class Health and Sports Precinct at our Mt Helen Campus which includes an excellent community gym and indoor swimming pool which means you can swim all-year-round. The Latrobe Leisure Centre, featuring swimming pool, gym, sauna, basketball court and squash facilities, is also right on the doorstep of our Gippsland Campus. Wherever you're studying we have ways for you to stay physically active, compete in your favourite sports and can even assist you to perform at high levels through our sport and fitness programs.
- 5. Student Groups** – Whatever your interest, you can find a club or society to join (or start your own!) to help give you the full university experience. Immerse yourself in the student life and have some fun while you study.
- 6. Art galleries** – Visit the Switchback Gallery at our Gippsland Campus or Post Office Box Gallery at our Camp Street Campus and view the outstanding works from renowned artists, as well as our third-year students.
- 7. Fancy a hit of golf?** – The Gippsland Campus is located directly next to a nine-hole golf course!
- 8. Free Wi-Fi** – Access to free Wi-Fi while on campus including Office 365 and a range of apps.
- 9. Feel safe** – Our security officers are on campus ensuring you feel safe day and night.
- 10. Support** – There is plenty of support available for all students with our FedReady program, health centre, counselling and disability support services, Aboriginal Education Centre and careers and employability program – that's why we're Victoria's #1 university for student support.

