HOW DO I BECOME A PSYCHOLOGIST?

Psychology is a popular field of study in Australia and is taught at universities in every state and territory. Becoming a psychologist requires at least four years of full-time university study. Common courses are a four-year Bachelor of Psychology or a three-year degree followed by an Honours program in psychology. Graduates must then complete two years of either study in a specialist area or supervised practice. Completing this six-year sequence is a requirement for registering to work as a psychologist in Australia.

THERE ARE BASICALLY TWO PATHWAYS TO BECOMING A PSYCHOLOGIST IN VICTORIA:

THE 4 + 2 MODEL:

- 3 year APAC* approved psychology degree
- 4th year degree in psychology (honours or post graduate diploma)
- 2 years of supervised practice with a registered supervisor

THE HIGHER DEGREE MODEL:

- 3 year APAC* approved psychology degree
- 4th year degree in psychology (honours or post graduate diploma)
- Further study in an APAC approved Master or Doctor of Psychology program

WHICH MODEL IS FOR ME AT UB?

Both models can lead to qualification and registration as a psychologist. At UB we offer both paths to qualification. Our staff are more than happy to talk to you about the options and help decide which path is right for you.

*The Australian Psychology Accreditation Council (APAC) sets the standards for accreditation of Australasian psychology programs.